

GNC
milestones®

teen

**Gummy Multivitamin
For Teens 12-17**
Dietary Supplement

**Immune Support,
Energy Production +
Overall Health***



Gluten Free

Natural Assorted Fruit Flavors

**120 GUMMIES
60-DAY SUPPLY**



CODE 571101

DIRECTIONS: As a dietary supplement, take two (2) gummies per day. Chew thoroughly before swallowing.

AVG

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Folate	400 mcg DFE 100% (240 mcg Folic Acid)
Total Carbohydrate	3 g 1%†	Vitamin B-12 (as Cyanocobalamin)	4.8 mcg 200%
Total Sugars	3 g *	Biotin	30 mcg 100%
Includes 3 g Added Sugars	6%†	Pantothenic Acid (as Calcium d-Pantothenate)	3 mg 60%
Vitamin A (as Retinyl Palmitate)	450 mcg RAE 50%	Chromium (as Chromium Picolinate)	35 mcg 100%
Vitamin C (as Ascorbic Acid)	36 mg 40%	Molybdenum (as Molybdenum Citrate)	11 mcg 24%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%	Inositol (as Inositol Niacinate)	1.5 mg *
Vitamin E (as dl-alpha-Tocopheryl Acetate)	15 mg 100%	Boron (as Boron Citrate)	150 mcg *
Niacin (as Inositol Niacinate)	8 mg NE 50%	† Percent Daily Values are based on a 2,000 calorie diet.	
Vitamin B-6 (as Pyridoxine HCL)	1.7 mg 100%	* Daily Value not established.	

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of: Palm Oil and Carnauba Wax, Citric Acid, Colors (Paprika Extract, Radish Concentrate, Carrot and Hibiscus Concentrate, Caramel Color) Natural Flavors, Lactic Acid, Pectin.

Manufactured in a facility that also produces products that contain milk.

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222

Product of Spain

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

Gluten Free, No Eggs, No Soy.

*** These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



**GLUTEN
FREE**

- Vitamins C & B-6 support immune health*
- Vitamin D supports healthy teeth & bones*
- Vitamin A supports healthy eyes*
- B vitamins support energy production*
- With key nutrients to support healthy hair, skin & nails*

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

Lot / Exp. Date

