

ReNew Life Skinny Gut Ultimate Shake is a certified organic, plant-based, grain-free, high-protein and fiber shake that combines healthy nutrients into a tasty, satisfying, and convenient drink mix to enjoy anytime!

Each serving contains:

- 20 grams Organic, Grain-free Protein from seeds and legumes to help build muscle*
- 10 grams Prebiotic Organic Fiber including acacia fiber to help curb appetite by helping you feel full*
- 10 billion live **Ultimate Flora™** Probiotic cultures providing specifically selected Bifidobacteria and Lactobacillus strains to support healthy gut balance*
- **Organic Fruit & Veggie Antioxidant** blend plus vitamins and minerals to nourish cells*
- Full-spectrum **Digestive Enzyme** blend to support healthy digestion and help optimize nutrient availability*
- **Low Fat** and only 140 calories

ReNew Life Skinny Gut Ultimate Shake provides ingredients for a reduced-calorie program that encourages the reduction of sugar intake along with an increase of protein, fiber, and living, fermented foods to help you balance your digestive system and achieve your ideal weight.



CHOCOLATE ALMOND BLISS SMOOTHIE

1 serving Chocolate Ultimate Shake
10 ounces unsweetened almond milk
1 tablespoon almond butter
Dash of ground cinnamon

Directions: Mix all ingredients in a blender and enjoy!

COCONUT HEAVEN

1 serving Coconut Ultimate Shake
8 ounces unsweetened coconut milk
1 tablespoon Coconut Butter
5 or 6 ice cubes

Directions: Mix all ingredients in a blender and enjoy!



Formulated by Brenda Watson C.N.C., a leading natural digestive care expert, president of ReNew Life Formulas, and founder of natural healthcare clinics specializing in digestive care.



*These statements have not been approved by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NO ADDED SUGAR • NO PRESERVATIVES • NO ARTIFICIAL INGREDIENTS
GRAIN FREE • GLUTEN FREE • DAIRY FREE
WITH PROBIOTICS, VITAMINS, MINERALS, ANTIOXIDANTS, & DIGESTIVE ENZYMES

VEGAN



RENEW LIFE

SKINNY GUT

ULTIMATE SHAKE
Grain-Free, Plant-Based, High Protein & Fiber Powder

20 GRAMS OF PROTEIN PER SERVING | **10 GRAMS OF FIBER** PER SERVING

10 BILLION
ULTIMATE FLORA™
Live Probiotic Cultures†



DIETARY SUPPLEMENT



#15814



TAMPER EVIDENT; DO NOT USE IF INDIVIDUAL PACKET IS TORN OR PUNCTURED.

MADE IN USA 021014



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Natural Chocolate Flavor

7 Powder Packets
NET WT 10.1 oz. (287g)

Convenient Single Serving Packet
DIETARY SUPPLEMENT

Directions: Mix 1 packet into 10 ounces of cold water or other beverage. Store in a dry place at 77° F (25° C) or below.

Supplement Facts

Serving Size: 1 Packet (11 grams)
Servings Per Container: 7

	Amount Per Serving	% DV**
Calories	140	
Calories from Fat	20	
Total Fat	2.5 g	4%
Saturated Fat	0.5 g	5%
Trans Fat	0 g	---
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	5%
Dietary Fiber	10 g	40%
Soluble Fiber	8 g	---
Insoluble Fiber	1 g	---
Sugars	0 g	---
Protein	20 g	40%
Vitamin A (as beta carotene)	1,500 IU	30%
Vitamin C (as ascorbic acid)	18 mg	30%
Vitamin D (as cholecalciferol)	120 IU	30%
Vitamin E	9 IU	30%
Vitamin K (as phytylphosphatide)	24 mcg	30%
Thiamin (Vitamin B1 as thiamine HCl)	0.45 mg	30%
Riboflavin (Vitamin B2)	0.51 mg	30%
Niacin (Vitamin B3 as niacin, nicotinamide)	6 mg	30%
Vitamin B6 (as pyridoxine HCl)	0.6 mg	30%
Folic acid	120 mcg	30%
Vitamin B12 (as methylcobalamin)	1.8 mcg	30%
Biotin	90 mcg	30%
Pantothenic acid (as D calcium panthothenate)	3 mg	30%
Calcium (as trisec calcium phosphate)	50 mg	5%
Iron (as ferrous sulfate)	5.4 mg	30%

Free of GMOs, wheat, gluten, dairy, animal products, fillers, preservatives, and artificial ingredients.

Quality and Purity Guaranteed
Manufactured in a GMP facility.
MANUFACTURED IN USA

	Amount Per Serving	% DV**
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc oxide)	4.5 mg	30%
Selenium (as L-selenomethionine)	21 mcg	30%
Manganese (as manganese citrate)	0.6 mg	30%
Chromium (as chromium glycinate chelate)	36 mcg	30%

Organic Protein/Fiber Blend 36,100 mg
Organic pea, organic natural acacia fiber, organic flax seed, organic hemp seed, organic acacia fiber, guar gum

Organic Fruit & Veggie Antioxidant Blend 250 mg
Organic cherry, organic pomegranate, organic raspberry, organic strawberry, organic blueberry, organic cranberry, organic broccoli, organic broccoli sprouts, organic tomato, organic carrot, organic spinach, organic kale, organic stevia extract leaf

Digestive Support Blend 60 mg
Lactobacillus Acidophilus, Bifidobacterium longum, Lactobacillus casei, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, Lactobacillus reuteri, Bifidobacterium bifidum, Bifidobacterium infantis, Digestive Enzyme Blend (protease, papain, amylase, cellulase, lipase)

** Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Organic coconos, natural flavor, xanthan gum.

May contain traces of soy from fermentation ingredients.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication, or have a medical condition.

† At time of manufacture.
DISTRIBUTED BY:
RENEW LIFE FORMULAS®,
PALM HARBOR, FL 34683
Questions? Call: 1-800-830-1800
Email us at support@renewlife.com
or visit us at RenewLife.com
Certified Organic by QAI