

OTHER INGREDIENTS: gelatin (softgel), glycerin, purified water

NATURE'S WAY® EVENING PRIMROSE OIL is the highest quality oil—guaranteed to contain 45 mg gamma-linolenic acid (GLA) per serving.

COLD-PRESSED AND UNREFINED

No chemical solvents, starch, or artificial colors.

KEEP OUT OF REACH OF CHILDREN. Safety sealed with inner seal. Do not use if seal is broken or missing. Store in a cool, dry place.

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QUESTIONS? 1-800-9NATURE / naturesway.com

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EVENING PRIMROSE



COLD-PRESSED OIL

**500 MG PER SOFTGEL WITH
45 MG GAMMA-LINOLENIC ACID (GLA)**

100 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Adults swallow 1 softgel 3 to 6 times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Softgel

Amount per Serving		% DV
Calories	5	
Total Fat	0.5 g	1%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Evening Primrose Oil (seed)	500 mg	**
Omega-6 Fatty Acids	385 mg	**
Linoleic Acid (LA)	340 mg	**
Gamma-Linolenic Acid (GLA)	45 mg	**
Omega-9 Fatty Acids including Oleic Acid (OA)	30 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.