

MAX POTENCY 3X DAILY

multivitamin tablets with food-based blends, such as:

Orchard Fruits™/ Garden Veggies™ Powder Blend	Daily Greens™ Blend Providing Amino Acids	Cardio Blend
Digestive Enzyme Blend	Omega 3/6/9 Fatty Acid Seed Blend	Citrus Bioflavonoid Complex

Mushroom Defense Blend



WHOLE BODY NUTRITION

With High Potency B-Vitamins including
the active form of B-12 and Folate

EYE HEALTH*

Beta Carotene (Vitamin A)
Vitamins C, E
Lutein, Zinc

BONE HEALTH*

Calcium, Folate
Magnesium, Manganese
Vitamins D3, K

HEART HEALTH*

B-Vitamins
Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc
Vitamins A, C, D3

SKIN HEALTH*

Vitamins A, C, E,
Zinc

ENERGY METABOLISM*

B-Vitamins

FREE FROM GLUTEN AND ARTIFICIAL COLORS.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

◆ LG14932.E01 BLK8004E



*Trademark of its respective company.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE /
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ULTRA
POTENT
B-VITAMINS

Nature's
Way

Alive!

MAX³ POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING

**Daily Greens™ &
Orchard Fruits™/Garden Veggies™
Powder Blends** (600 mg per serving)

180 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

NO
ADDED
IRON

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®† (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Tablets / Servings per Container 60

Amount per Serving	% DV
Calories.....	10
Total Carbohydrate.....	2 g 1%
Vitamin A (67% [1,809 mcg] beta carotene and 33% [891 mcg] retinyl acetate)	2,700 mcg 300%
Vitamin C (ascorbic acid).....	1,000 mg 1,111%
Vitamin D3 (as cholecalciferol).....	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate).....	100 mg 667%
Vitamin K (as phytonadione).....	120 mcg 100%
Thiamin (as thiamin mononitrate).....	20 mg 1,667%
Riboflavin.....	20 mg 1,538%
Niacin (as niacinamide).....	100 mg 625%
Vitamin B6 (as pyridoxine HCl).....	43 mg 2,529%
pyridoxal-5'-phosphate	
Folate.....	400 mcg DFE..... 100%
(418 mcg Quatrefolic® brand (6S)-5- Methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin).....	80 mcg 3,333%
Biotin.....	33 mcg 110%
Pantothenic Acid (as D-calcium.....	63 mg 1,260%
pantothenate)	
Choline (as choline bitartrate).....	30 mg 5%
Calcium (as calcium citrate.....	325 mg 25%
carbonate, D-calcium pantothenate)	
Iodine (as potassium iodide.....	150 mcg 100%
and from kelp)	
Magnesium (as magnesium oxide).....	130 mg 31%
Zinc (as zinc gluconate).....	11 mg 100%
Selenium (as L-selenomethionine).....	158 mcg 287%
Copper (as copper bisglycinate chelate).....	0.9 mg 100%
Manganese (as manganese.....	5.8 mg 252%
bisglycinate chelate)	
Molybdenum (as sodium molybdate).....	45 mcg 100%
Sodium.....	10 mg <1%
Potassium (as potassium citrate).....	50 mg 1%

Daily Greens™ Blend providing Amino
Acids: Spirulina, Kelp, Alfalfa (leaf, stem,
flower), Barley (grass), Blessed Thistle
(stem, leaf, flower), Blue-Green Algae

Amount per Serving	% DV
(<i>Aphanizomenon flos-aquae</i>), <i>Chlorella</i> (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (<i>Cymbopogon citratus</i>), Nettle (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat (grass)	
Orchard Fruits™ & Garden Veggies™ Powder.....	200 mg....**
Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend: Hawthorn (berry), Japanese.....	100 mg....**
Knotweed Extract (root) standardized to 50% Resveratrol (5 mg), Coenzyme Q10 (CoQ10) (Ubiquinone 10)	
Digestive Enzyme Blend: Concentrated Enzyme.....	100 mg....**
Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Mushroom Mycelial & Primordia Biomass Defense ..	100 mg....**
Blend: Organic Reishi (<i>Ganoderma lucidum</i>), Organic Shiitake (<i>Lentinula edodes</i>), Organic Oyster Hiratake (<i>Pleurotus ostreatus</i>), Organic Enokitake (<i>Flammulina velutipes</i>), Organic Maitake (<i>Grifola frondosa</i>), Organic Yamabushitake (<i>Hericium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Organic Kavaratake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Grifola umbellata</i>)	
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed.....	100 mg....**
Powder, Sunflower Seed Powder	
Citrus Bioflavonoid Complex (from orange,.....	60 mg....**
grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Eleuthero (root).....	50 mg....**
Inositol.....	50 mg....**
Rutin (from <i>Sophora japonica</i>).....	25 mg....**
(flower bud) Extract	
Lutein (from Aztec marigold extract) (flower).....	500 mcg....**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice