

MAX POTENCY 3X DAILY

Multivitamin tablets with food-based blends, such as:

**Orchard Fruits™/
Garden Veggies™**
Powder Blend

Daily Greens™
Blend Providing
Amino Acids

**Cardio
Blend**

**Digestive
Enzyme
Blend**

**Omega 3/6/9
Fatty Acid
Seed Blend**

**Citrus
Bioflavonoid
Complex**

**Mushroom Defense
Blend**



WHOLE BODY NUTRITION

With High Potency B-Vitamins including
the active form of B-12 and Folate

EYE HEALTH*

Beta Carotene (Vitamin A)
Vitamins C, E
Lutein, Zinc

BONE HEALTH*

Calcium, Folate
Magnesium, Manganese
Vitamins D3, K

HEART HEALTH*

B-Vitamins
Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc
Vitamins A, C, D3

SKIN HEALTH*

Vitamins A, C, E,
Zinc

ENERGY METABOLISM*

B-Vitamins

FREE FROM GLUTEN AND ARTIFICIAL COLORS.

Keep out of reach of children. Safety sealed with inner seal under child-resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LG14928.E01 BLK8005E



Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

†Trademark of its respective company.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**ULTRA
POTENT
B-VITAMINS**

Nature's
Way

Alive!

MAX³ POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING

**Daily Greens™ &
Orchard Fruits™/Garden Veggies™
Powder Blends** (600 mg per serving)

180 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®† (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Tablets / Servings per Container 60

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g 1%†
Vitamin A (as 67% [1,809 mcg] beta- carotene and 33% [891 mcg] retinyl acetate)	2,700 mcg 300%
Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	100 mg 667%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	43 mg 2,529%
Folate	400 mcg DFE 100%
(418 mcg Quatrefolic® brand (6S)-5- methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	63 mg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	325 mg 25%
Iron (as ferrous glycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp)	150 mcg 100%
Magnesium (as magnesium oxide)	130 mg 31%
Zinc (as zinc gluconate)	11 mg 100%
Selenium (as L-selenomethionine)	158 mcg 287%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese, bisglycinate chelate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%

Daily Greens™ Blend providing Amino Acids..... 400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley
(grass), Blessed Thistle (stem, leaf, flower), Blue Green

Amount per Serving	% DV
Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	
Orchard Fruits™ & Garden Veggies™ Powder Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend: Hawthorn (berry), Japanese Knotweed.....	100 mg **
Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	
Digestive Enzyme Blend: Concentrated Enzyme.....	100 mg **
Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Mushroom Mycelial & Primordia Biomass Defense.....	100 mg **
Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Oyster Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himematsutake (Agaricus brasiliensis/ blazei), Organic Kawaratake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata)	
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed	100 mg **
Powder, Sunflower Seed Powder	
Citrus Bioflavonoid Complex (from Orange, Grapefruit.....)	60 mg **
Lemon, Lime, Tangerine) Providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Eleuthero (root).....	50 mg **
Inositol.....	50 mg **
Rutin (from Sophora japonica) (flower bud) Extract.....	25 mg **
Lutein (from Aztec marigold).....	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

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Bottled and tested in the USA • **Questions?** 1-800-9NATURE / feelalive.com

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.