

WOMEN'S ENERGY COMPLETE MULTIVITAMIN

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

130 TABLETS • MULTIVITAMIN SUPPLEMENT



Alive!

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®† (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Vitamin A (as 70% (630 mcg) retinyl acetate and 30% (270 mcg) beta carotene)	100%
Vitamin C (ascorbic acid)	100%
Vitamin D3	250%
(as cholecalciferol)	
Vitamin E (as dl-alpha tocopheryl acetate)	100%
Vitamin K (as phytonadione)	100%
Thiamin (as thiamin mononitrate)	200%
Riboflavin	200%
Niacin (as niacinamide)	100%
Vitamin B6 (as pyridoxine HCl)	250%
Folate	100%
(240 mcg Folic Acid)	
Vitamin B12	500%
(as cyanocobalamin)	
Biotin	100%
Pantothenic Acid (as D-calcium pantothenate)	150%
Calcium (as calcium carbonate, D-calcium pantothenate, dicalcium phosphate)	20%

Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carnine color

Keep out of reach of children. Do not use if safety seal under child-resistant bottle cap is broken or missing. Keep bottle tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

†Trademark of its respective company.



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