

ReNew Life Skinny Gut Ultimate Shake is a certified organic, plant-based, grain-free, high-protein and fiber shake that combines healthy nutrients into a tasty, satisfying, and convenient drink mix to enjoy anytime!

Each serving contains:

- 20 grams Organic, Grain-free Protein from seeds and legumes to help build muscle*
- 10 grams Prebiotic Organic Fiber including acacia fiber to help curb appetite by helping you feel full*
- 10 billion live Ultimate Flora™ Probiotic cultures providing specifically selected Bifidobacteria and Lactobacillus strains to support healthy gut balance*
- Organic Fruit & Veggie Antioxidant blend plus vitamins and minerals to nourish cells*
- Full-spectrum Digestive Enzyme blend to support healthy digestion and help optimize nutrient availability*
- Low Fat and only 130 calories

ReNew Life Skinny Gut Ultimate Shake provides ingredients for a reduced-calorie program that encourages the reduction of sugar intake along with an increase of protein, fiber, and living, fermented foods to help you balance your digestive system and achieve your ideal weight.



STRAWBERRY ALMOND CRÈME SMOOTHIE

1 serving Vanilla Ultimate Shake
8 ounces cold unsweetened almond milk
½ cup frozen strawberries

Directions: Mix all ingredients in a blender and enjoy!

BLUEBERRY PRE- AND PROBIOTIC SMOOTHIE

1 serving Vanilla Ultimate Shake
8 ounces unsweetened almond milk
½ cup frozen blueberries
1 tablespoon chia
2 ounces of plain kefir or yogurt (with live probiotic cultures)

Directions: Mix all ingredients in a blender and enjoy!



Formulated by Brenda Watson C.N.C., a leading natural digestive care expert, president of ReNew Life Formulas, and founder of natural healthcare clinics specializing in digestive care.



*These statements have not been approved by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VEGAN



ULTIMATE SHAKE
Grain-Free, Plant-Based, High Protein & Fiber Powder

20 GRAMS OF PROTEIN PER SERVING | 10 GRAMS OF FIBER PER SERVING

10 BILLION
ULTIMATE FLORA™
Live Probiotic Cultures†

Natural Vanilla Flavor



DIETARY SUPPLEMENT



#15815



TAMPER EVIDENT: DO NOT USE IF INDIVIDUAL PACKET IS TORN OR PUNCTURED.

MADE IN USA 021014



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Natural Vanilla Flavor



7 Powder Packets
NET WT 9.4 oz. (266g)

Convenient Single Serving Packet
DIETARY SUPPLEMENT

Directions: Mix 1 packet into 10 ounces of cold water or other beverage. Store in a dry place at 77° F (25° C) or below.

Supplement Facts

Serving Size: 1 Packet (38 grams)
Servings Per Container: 7

	Amount Per Serving	% DV**
Calories	130	
Calories from Fat	15	
Total Fat	2 g	3%
Trans Fat	0 g	---
Cholesterol	0 mg	0%
Total Carbohydrate	13 g	4%
Dietary Fiber	10 g	40%
Soluble Fiber	9 g	---
Insoluble Fiber	1 g	---
Sugars	0 g	---
Protein	20 g	40%
Vitamin A (as beta carotene)	1,500 IU	30%
Vitamin C (as ascorbic acid)	18 mg	30%
Vitamin D (as cholecalciferol)	120 IU	30%
Vitamin E (as d-alpha tocopherol succinate)	9 IU	30%
Vitamin K (as phytylquinone)	24 mcg	30%
Thiamin (vitamin B1 as thiamine HCl)	0.45 mg	30%
Riboflavin (vitamin B2)	0.51 mg	30%
Niacin (vitamin B3 as niacin, niacinamide)	6 mg	30%
Vitamin B6 (as pyridoxine HCl)	0.6 mg	30%
Folic acid	120 mcg	30%
Vitamin B12 (as methylcobalamin)	1.8 mcg	30%
Biotin	90 mcg	30%
Perforibiotic acid (as 6-calcium pantothenate)	3 mg	30%
Calcium (as tribasic calcium phosphate)	30 mg	3%
Iron (as ferrous sulfate)	5.4 mg	30%

Free of GMOs, wheat, gluten, dairy, animal products, fillers, preservatives, and artificial ingredients.

Quality and Purity Guaranteed
Manufactured in a GMP facility.
MANUFACTURED IN USA

	Amount Per Serving	% DV**
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc oxide)	4.5 mg	30%
Selenium (as L-selenomethionine)	21 mcg	30%
Manganese (as manganese citrate)	0.6 mg	30%
Chromium (as nicotinate glycinate citrate)	36 mcg	30%

Organic Protein/Fiber Blend 36, 100 mg
Organic pea, organic natural acacia fiber, organic flax seed, organic hemp seed, organic saccharin, guar gum

Organic Fruit & Veggie Antioxidant Blend 200 mg
Organic cherry, organic pomegranate, organic raspberry, organic strawberry, organic blueberry, organic cranberry, organic broccoli, organic broccoli sprouts, organic tomato, organic carrot, organic spinach, organic kale, organic olive extract leaf

Digestive Support Blend 80 mg
Ultimate Flora™ Probiotic Blend 10 billion†
Bifidobacterium lactis, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus casei, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium infantis, Digestive Enzyme Blend† protease, papain, amylase, cellulase, lipase

** Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Natural flavor, xanthan gum.
May contain traces of soy from fermentation ingredients.
KEEP OUT OF REACH OF CHILDREN.
WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication, or have a medical condition.

† At time of manufacture.
DISTRIBUTED BY: RENEW LIFE FORMULAS®, PALM HARBOR, FL 34883

Questions? Call 1-800-830-1800
Email us at support@renewlife.com
or visit us at RenewLife.com

Certified Organic by QAI