

KEEP OUT OF REACH OF
CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

Melatonin

Supports restful sleep*



60 VEGETARIAN TABLETS
60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 109424 **HUG**
DIRECTIONS: As a dietary supplement, take one tablet
before bedtime. Do not exceed recommended dosage in any
24-hour period.

Supplement Facts		
Serving Size One Tablet		
Amount Per Serving	% Daily Value	
Calcium	76 mg	6%
Melatonin	10 mg	*
*Daily Value not established.		

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Consult a physician if using more than 4 weeks.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: