



First Cleanse

MADE WITH ORGANIC HERBS

2 Evening Formula - 30 capsules

DIETARY SUPPLEMENT

RENEW LIFE
The Digestive Care Experts

Supplement Facts
Directions: Take 2 capsules each day in the evening. Please read accompanying literature.
Serving Size: 2 Capsules Servings Per Container: 15

	Amount Per Serving	%DV
Organic Elimination Blend	1,300 mg	***
Flaxseed [†] , Buckthorn bark [†] , Marshmallow root [†] , Rhubarb root [†] , Triphala [†] (Blend of Chebulic myrobalan fruit, Amia fruit, Belleric myrobalan fruit), and Slippery Elm bark [†]		
Organic Digestive Blend	190 mg	***
Fennel seed [†] , Ginger root [†] , Papaya leaf [†] , Cayenne Pepper [†] , Coriander seed [†] , Cumin seed [†] , Gentian root [†] , Black Pepper [†] , Peppermint leaf [†] , and Spearmint leaf [†]		
*** Daily Value (DV) not established		
[†] Organic		

Other Ingredients: Vegetable capsule (vegetable starch and water).

Distributed by: Renew Life Formulas, Palm Harbor, FL 34683
Questions? 1-800-830-1800 or support@renewlife.com • www.renewlife.com
 Certified Organic by Baystate Organic Certifiers

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication, or have a medical condition. Not for prolonged use. Do not exceed recommended dose. **Notice:** This product contains rhubarb and buckthorn. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA, OR LOOSE STOOLS.** Read and follow directions carefully.

KEEP OUT OF REACH OF CHILDREN.

Free of GMOs, yeast, wheat, corn, soy, gluten, salt, sugar, dairy, animal products, binders, fillers, and artificial ingredients.

Quality and Purity Guaranteed MANUFACTURED IN USA in a GMP facility #15502 020215

Store in a dry place at 59-86°F (15-30°C).

TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

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TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL ON BOTTLE IS BROKEN OR MISSING.

MANUFACTURED IN USA 020215



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First Cleanse 1 Morning Formula
 Directions: Take 2 capsules each day in the morning on an empty stomach. Please read accompanying literature.

Supplement Facts
 Serving Size: 2 Capsules Servings Per Container: 15

	Amount Per Serving	%DV
Organic Herbal Blend	1,300 mg	***
Dandelion root and leaf (organic)		***
Burdock root (organic)		***
Fennel seed (organic)		***
Garlic bulb (organic)		***
Kelp (organic)		***
Milk Thistle seed (organic)		***
Turmeric root (organic)		***
Artichoke leaf (organic)		***
Blessed Thistle herb (organic)		***
Echinacea Angustifolia herb (organic)		***
Green Tea leaf (organic)		***
Hawthorn berry (organic)		***
Horsetail herb (organic)		***
Mullein leaf (organic)		***
Nettle leaf (organic)		***
Oil of Oregano (organic)		***
Organic leaf (organic)		***
Parley leaf (organic)		***
Red Clover herb (organic)		***
Wormwood herb (organic)		***
Yellow herbs (organic)		***
Yellow Dock root (organic)		***

Organic Digestive Blend 190 mg

Fennel seed (organic) ***
 Ginger root (organic) ***
 Papaya leaf (organic) ***
 Cayenne Pepper (organic) ***
 Coriander seed (organic) ***
 Cumin seed (organic) ***
 Gentian root (organic) ***
 Black Pepper (organic) ***
 Peppermint leaf (organic) ***
 Spearmint leaf (organic) ***

*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water).

First Cleanse 2 Evening Formula
 Directions: Take 2 capsules each day in the evening. Please read accompanying literature.

Supplement Facts
 Serving Size: 2 Capsules Servings Per Container: 15

	Amount Per Serving	%DV
Organic Elimination Blend	1,300 mg	***
Flaxseed (organic)		***
Buckthorn bark (organic)		***
Marshmallow root (organic)		***
Rhubarb root (organic)		***
Triphala (organic)		***
(Blend of Chebulic myrobalan fruit, Amia fruit, Belleric myrobalan fruit)		***
Slippery Elm bark (organic)		***

Organic Digestive Blend 190 mg

Fennel seed (organic) ***
 Ginger root (organic) ***
 Papaya leaf (organic) ***
 Cayenne Pepper (organic) ***
 Coriander seed (organic) ***
 Cumin seed (organic) ***
 Gentian root (organic) ***
 Black Pepper (organic) ***
 Peppermint leaf (organic) ***
 Spearmint leaf (organic) ***

*** Daily Value (DV) not established

Other Ingredients: Vegetable capsule (vegetable starch and water).

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WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication, or have a medical condition. Not for prolonged use. Do not exceed recommended dose. **Notice:** Do not use if you have or develop abdominal pain, or vomiting occur, unless directed by your physician.

KEEP OUT OF REACH OF CHILDREN. Store in a dry place at 59-86°F (15-30°C).

Manufactured in a GMP facility. **Quality and Purity Guaranteed.**

For Ideal Results, We Recommend:

During this Cleansing Program

Next Recommended Cleanse

Maintenance After Cleansing

The ingredients in **First Cleanse** support the body's elimination channels.* They are the organs and organ systems designed to filter and eliminate toxins from the body.

- Liver:** Artichoke, blessed thistle, dandelion root, fenugreek, milk thistle, turmeric, wormwood, yarrow, yellow dock, triphala, burdock, garlic
- Lungs:** Garlic, mullein, oregano, red clover, turmeric, fenugreek
- Lymphatic System:** Echinacea, green tea, kelp, red clover
- Kidneys:** Parsley, artichoke, blessed thistle, dandelion leaf, horsetail, nettle
- Skin:** Burdock, dandelion root, oat straw, red clover
- Blood:** Artichoke, burdock, dandelion root, hawthorn, red clover, turmeric, yellow dock
- Bowel:** Flaxseed, buckthorn, rhubarb, marshmallow, triphala, slippery elm

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



First Cleanse

Two-Week Program

MADE WITH ORGANIC HERBS

Gently Eliminates Waste & Toxins* ◀
Ideal First-Time Cleanse ◀
For Those with Daily Bowel Movements ◀

GLUTEN-FREE DIETARY SUPPLEMENT
 FC 1 - 30 VEGETABLE CAPSULES
 FC 2 - 30 VEGETABLE CAPSULES

RENEW LIFE
The Digestive Care Experts



Digestive Wellness, Naturally.

At Renew Life, we believe that better health begins with better digestion.* For nearly two decades we have formulated superior-quality digestive care supplements to help people achieve optimal health from the inside out.*

Call Toll-Free 1-800-830-1800 for Free Product Specialist Support

If you have any questions as you begin your cleansing and detoxification journey, we'd like to know. Simply call for additional information, and you will be connected to a Product Specialist who can help guide you on your way.

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