

10g
Equivalent for
nutrients, see
Nutrition Facts
table.

These amounts
represent the
amount of the
product that
contains the
nutrients listed.
Amounts listed
are for the
product as
shown.

Amounts
shown are for
the product as
shown.

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the product as
shown.

Nutrition Facts

About 25 Servings Per Container

Serving size

1 Scoop (11g)

Calories

70

	% Daily Value
Total Fat 7g	9%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 3g	1%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potas. 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HVMN

VANILLA

MCT Oil Powder

Ingredients: Caprylic Acid Triglycerides, Acacia Fiber, Natural Vanilla Flavors, Coconut Cream (tree nuts), Monk Fruit Extract, Sea Salt

0 Net Carbs

- 3g carbs
- 3g fiber
- = 0g net carbs

Directions

Mix 1 scoop with 8 fl oz of liquid. Introduce slowly into your diet to avoid an upset stomach as your body grows accustomed to burning fat for fuel.

10g
PURE C8 MCT
OIL POWDER

KETO & PALEO
APPROVED



BURN
HEALTHY FAT
FOR FUEL*

100% NATURAL
INGREDIENTS



Net Wt. 9.70 oz (275 g)

HVMN | Health Via Modern Nutrition

Pure C8 for Fast & Sustained Keto Energy*

Our MCT Oil Powder transforms any coffee, shake or baked treat into a delicious source of keto energy. Easily mixed into just about anything, MCT Oil Powder can be used anytime to support your keto lifestyle. MCT Oil Powder is everything you need in an energy-boosting supplement, loaded with pure C8 MCT fat and acacia fiber, with no additives or artificial ingredients.*

Our Mission

What you put in your body today is the foundation of who you become tomorrow. **You're obsessed** with ascending to the top of your field, setting a new world record, or simply cultivating a long, healthy life. **We're obsessed** with helping you get there. Together, let's redefine the limits of human performance, metabolism, and longevity.

10g

Pure C8 MCT
Oil Powder



Reduce
Cravings*



Mind &
Body Fuel*



Improve
Metabolism*



Burn
Healthy Fat*



Gluten &
Dairy Free



All-Day Energy,
No Crash*



Boost Coffee &
Smoothies

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