

## Nutrition Facts

About 25 Servings Per Container

Serving size

1 Scoop (12g)

Calories

70

% Daily Value

|                          |                |
|--------------------------|----------------|
| Total Fat 7g             | 9%             |
| Saturated Fat 7g         | 35%            |
| Trans Fat 0g             |                |
| Cholesterol 0mg          | 0%             |
| Sodium 120mg             | 5%             |
| Total Carbohydrate 3g    | 1%             |
| Dietary Fiber 3g         | 11%            |
| Total Sugars 0g          |                |
| Includes 0g Added Sugars | 0%             |
| Protein 0g               | 0%             |
| Vit. D 0mcg 0%           | Calcium 0mg 0% |
| Iron 0mg 0%              | Potas. 0mg 0%  |

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Caprylic Acid Triglycerides, Acacia Fiber, Coconut Cream (tree nuts), Natural Caramel Flavor, Sea Salt, Monk Fruit Extract

0 Net Carbs

- 3g carbs
- 3g fiber
- = 0g net carbs

## Directions

Mix 1 scoop with 8 fl oz of liquid. Introduce slowly into your diet to avoid an upset stomach as your body grows accustomed to burning fat for fuel.

# HVMN

SALTED  
CARAMEL

# MCT Oil Powder

10G  
PURE C8 MCT  
OIL POWDER

KETO & PALEO  
APPROVED



BURN  
HEALTHY FAT  
FOR FUEL\*

100% NATURAL  
INGREDIENTS



Net Wt: 10.58 oz (300g)

HVMN | Health Via Modern Nutrition

## Pure C8 for Fast & Sustained Keto Energy\*

Our MCT Oil Powder transforms any coffee, shake or baked treat into a delicious source of keto energy. Easily mixed into just about anything, MCT Oil Powder can be used anytime to support your keto lifestyle. MCT Oil Powder is everything you need in an energy-boosting supplement, loaded with pure C8 MCT fat and acacia fiber, with no additives or artificial ingredients.\*

## Our Mission

What you put in your body today is the foundation of who you become tomorrow. **You're obsessed** with ascending to the top of your field, setting a new world record, or simply cultivating a long, healthy life. **We're obsessed** with helping you get there. Together, let's redefine the limits of human performance, metabolism, and longevity.

10g

Pure C8 MCT  
Oil Powder



Reduce  
Cravings\*



Mind &  
Body Fuel\*



Improve  
Metabolism\*



Burn  
Healthy Fat\*



Gluten &  
Dairy Free



All-Day Energy,  
No Crash\*



Boost Coffee &  
Smoothies

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