



Supplement Facts

Serving Size : 3 capsules per serving

Servings Per Container : 20

Amount Per Serving	% of Daily Value**
--------------------	--------------------

Brain Fuel Blend™:	1825mg	†
---------------------------	---------------	----------

[GABA, Ashwagandha Root Powder, Rhodiola Rosea Extract, Mucuna Puriens 98% L-DOPA, 5 HTP, Alpha GPC]

Sleep Blend™:	255mg	†
----------------------	--------------	----------

[Valerian Root, Mugwort Extract, Melatonin]

† Daily Value not established

** Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower based on your calorie needs.

OTHER INGREDIENTS:

Gelatin, Silicon Dioxide and Magnesium Stearate.