

SUGGESTED USE: Take 1 capsule daily 30 minutes before bed.

WARNING: Do not exceed 1 capsule daily. Take only as directed. Intended for adults 18 and over. As with any dietary supplement, consult your physician prior to taking or if you are pregnant or nursing, have high blood pressure, or are taking prescription drugs. Do not use if bottle seal is broken or missing. Take with food if you experience stomach upset. Discontinue use and seek medical attention if any serious adverse reaction occurs.

Melatonin may cause drowsiness or sleepiness; do not take when operating machinery, driving or engaging in any activity that requires alertness. Do not use in conjunction with alcoholic beverages. This product is not intended to treat insomnia or other sleep disorders.

KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEUBRIA.COM

Manufactured For Neubria USA Ltd,
5005 Veterans Memorial Hwy,
Holbrook, NY 11741
1-855-NEUBRIA



California residents only.
Warning: Cancer and reproductive harm.
www.p65warnings.ca.gov



POWERED BY NATURAL BOTANICALS
VEGAN
DIETARY SUPPLEMENT



30
CAPSULES

SLEEP*

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6	10mg	588%
Magnesium	100mg	24%
Gamma aminobutyric acid (GABA)	50mg	**
Melatonin	3mg	**
Bliss Botanical Complex	400mg	
Wild Jujube (Seed) Extract		**
Passion Flower (Aerial parts) Extract		**
Hops (Flower) Extract		**
Valerian (Root) Extract		**
Chamomile (Flower) Extract		**
Lemon Balm (Leaf) Extract		**

** Daily value not established

Other Ingredients: Hydroxypropyl Methylcellulose (HPMC), Maltodextrin, Vegetable Stearic Acid, Silica

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat