

Almost Out? Call **1-800-304-1708**

or visit healthydirections.com

Choose **REFILL & SAVE**, Get Free Shipping Forever

Magnesium Broad-Spectrum Complex includes four forms of this crucial mineral to give you comprehensive support for heart and bone health.[†]

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra

AMERICA'S INTEGRATIVE CARDIOLOGIST™



Magnesium Broad-Spectrum Complex

Contains four forms of magnesium for heart and bone health[†]

Dietary Supplement

120 Capsules

Doctor's Suggested Use: Take 2 capsules twice daily with a meal.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

Amount Per Serving		% DV
Magnesium (as citrate, glycinate, orotate, taurinate)	200 mg	48%

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Reduce or discontinue use if you develop loose stools. This side effect may worsen when taking this product in conjunction with other supplements containing magnesium. Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



SOY FREE



GLUTEN FREE

SKU: MGC 02 C11000, 2020 R-1

Please see bottom of bottle for Lot No. and Expiration Date