

Fiber Love is a blend of soluble and insoluble fiber, providing 6 grams of dietary fiber per serving. This low-allergy-potential fiber blend is designed to support healthy intestinal transit time and bowel regularity, and offers excellent support for those with occasional constipation.* Fiber Love is great for those who are sensitive to psyllium, wheat, corn, or citrus.

Directions: Blend, shake, or briskly stir about 1 level scoop (9.5 grams) of Fiber Love into 8 fluid ounces of juice or other beverage as directed by your healthcare professional.

This product is **non-GMO and vegetarian**.

Storage: Keep tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weight with a scoop included for your convenience. The amount of product contained in one scoop may be above or below 9.5 grams due to variations in handling and product density.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



FIBER LOVE

Dietary
Supplement

Formulated for
Sara Gottfried, M.D.

FIBER BLEND TO SUPPORT
GI REGULARITY*



NET WT. 12.73 OZ
(361 G)

Supplement Facts

Serving Size About 1 Scoop (9.5 g)
Servings Per Container 38 (by weight)

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	6 g	24%
Soluble fiber	1 g	**
Insoluble fiber	5 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

Ingredients: Rice bran, isomalto-oligosaccharide, oat fiber[†], apple fiber, cellulose, olive oil, and d-alpha tocopheryl acetate (antioxidant).

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To report adverse events call 866-649-4334

[†]Oat Fiber is processed in a facility that also processes gluten containing materials.