

Dietary data suggests that children do not consume enough fiber.

Supplements are useful when they fill a specific nutrient gap that cannot or is not otherwise being met by the individual's intake of food*

¹¹ USDA Nutrition and Your Health: Dietary Guidelines for Americans, 2005 Dietary Guidelines Advisory Committee to the Secretaries of HHS and USDA.

Fiber is an important part of a balanced diet and overall health.

Contains no preservatives. Free from gluten, milk, eggs, tree nuts, peanuts.

See bottom of bottle for expiration date and lot information.



Manufactured by:
Santa Cruz Nutritionals
2200 Delaware Avenue
Santa Cruz, CA 95060
866-942-2429

ITEM# 11044



Supplements Your Child's Fiber Intake and promotes digestive health*

The Institute of Medicine defines adequate intake of fiber for children as 19-25 grams per day.

KEEP OUT OF REACH OF CHILDREN.

This product requires adult supervision. Not for children under 2 years of age due to risk of choking. Child resistant cap.

Do not exceed recommended dose. Consult a qualified health care professional if you have a medical condition, or if you are taking any prescription medications.

Sealed for your protection. Keep in a dry area away from direct light. Do not store product over 75°F. Gummy colors may change over time due to natural causes. This does not alter the potency of the product. Any clouding of clear bottle is normal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

3g fiber per serving

Fiber Advance
Gummies for Kids

Daily fiber supplement
Helps promote regularity

Ages 2-11 years



60 VEGETARIAN GUMMIES

Natural Fruit Flavors
with Other Natural Flavors

All Natural Fruit Flavors

Orange • Strawberry • Lemon

Directions: Children 2 years of age and older, chew two gummies per day under adult supervision. Chew completely before swallowing. Reduce daily dosage if minor gas or bloating occurs.

Supplement Facts

Serving Size: 2 Gummies
Servings Per Container: 30

Amount Per Serving	% Daily Value for Children 2-5 Years of Age	% Daily Value for Adults and Children 6 or More Years of Age
Calories	15	
Total Carbohydrate	5g	3% ^{**} 2% [*]
Dietary Fiber	3g	21% ^{**} 11% [*]
Soluble Fiber	3g	+
Total Sugars	2g	+
Includes 0g Added Sugars. 0% ^{**} 0% [*]		

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are based on a 1,000 calorie diet.

+ Daily Value not established.

Other Ingredients: Chicory Root Fiber (Inulin), Cane Sugar, Pectin, Citric Acid, Sodium Citrate, Natural Flavors, Colors Added (Organic Turmeric, Organic Black Currant Juice Concentrate, Organic Annatto), Organic Sunflower Oil, Lo Han Fruit Concentrate, Organic Carnauba Wax.