

HEALTHY RED BLOOD CELLS*

Ultimate Iron® replaces iron loss for vital energy and stamina.* At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best products the earth has to give. Any material we source is rigorously tested for adulterants and potency, so we can deliver quality without compromise and help you live healthier. It's not just our way, it's Nature's Way.™

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ULTIMATE IRON®

HEALTHY RED
BLOOD CELLS*

90 SOFTGELS

DIETARY SUPPLEMENT

Recommendation: Adults swallow 2 softgels daily with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Softgels
Servings per Container 45

Amount per Serving		% DV
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Vitamin C (ascorbic acid)	120 mg	133%
Folate	666 mcg DFE	167%
	Folic Acid 400 mcg	
Vitamin B12 (as cyanocobalamin)	200 mcg	8,333%
Iron (as ferrous succinate)	50 mg	278%
Liquid Liver Fractions	500 mg	**

Amount per Serving		% DV
Chlorophyll Copper Complex (from alfalfa aerial parts)	10 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: soybean oil, gelatin, glycerin, purified water, yellow beeswax, soy lecithin
Contains soy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call your doctor or a Poison Control Center immediately.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No salt, wheat, corn, or dairy.

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Questions? 1-800-9NATURE / naturesway.com

