



DIRECTIONS: Mix 1-2 scoops to in approximately 6-8 oz of water or milk with a shaker cup until completely dispersed. Use before or after workouts and can be used when protein consumption is desired.

Supplement Facts Serving Size: 1 SCOOP (39 grams)

Serving Per Container: 25

Amount Per Serving			DV %***	
Calories		125		***
Calories from Fat		15		***
Total Fat		1.50 g	3%	***
Saturated Fat		0.5 g	3%	***
Trans Fat		0 mg	0	***
Cholesterol		40 mg	13%	***
Sodium		130 mg	5%	***
Potassium		150 mg	5%	***
Total Carbohydrates		4 g	2%	***
Dietary Fiber		0 g	0	***
Sugars		3 g	0	***
Protein		24 g	48%	***
Vitamin A	0%	Vitamin C	0%	
Calcium	8%	Iron	0%	

OTHER INGREDIENTS: Whey Protein Concentrate, Micellar Casein, Whey Protein Isolate, Egg Albumin Protein, Peanut Flour, Natural and Artificial Flavors, Xanthan Gum, Sunflower Lecithin, MCT Powder, Cocoa (Processed with Alkali), Sucralose, Lactose, Papain,

CONTAINS: Milk, Peanut, and Egg.

*** Percent Daily Values (%DV) are Based on a 2,000 Calories Diet † Daily Value Not Established.