FROM THE OTHER SIDE





MUSCLE RECOVERY & A & & S' DESIGNER AMINO ACID MATRIXI





DIRECTIONS: As a dietary supplement mix 1 level scoop(1 serving) of KEYZTM with 8-16 fluid oz. of ice cold water. KEYZTM can be consumed before training, during training, post training and between meals to support recovery and fuel physical performance. On non-workout days consume 1 scoop in the morning, noon or night.

Supplement Facts

Serving Size: 1 SCOOP (14 g)

Serving Per Container: Approximately 30 Scoops

Amount Per Serving	1 Scoop	DV %***
Magnesium (as Magnesum Gluconate)	110 mg	26%
Potassium (as Potassim Citrate)	65 mg	1%
Sodium (as himalayan pink salt)	220 mg	10%
EAA/BCCA MATRIX: L-Leucine, L-Valine, L-Isoleucine, L-Lysine, L-Phenylalanine, L-Threonine, L-Methionine, L-tryptophan, L-Histidine.	8,000 mg	**
L-Taurine	750 mg	**
Coconut Water Powder	500 mg	**
SPECTRA™ TOTAL ORAC BLEND	100 mg	**

Consisting of broccoli powder and broccoli sprouts concentrate, onion extract, tomato concentrate, dried carrot, spinach, kale concentrate, brussel sprout concentrate, whole coffee fruits extract, acerola extract, camu camu powder, acai berry concentrate, mangosteen concentrate, green tea extract, apple extract, turmeric concentrate, garlic, basil concentrate, oregano, cinnamon concentrate, elderberry concentrate, blackcurrant extract, blueberry extract, sweet cherry powder, blackberry powder, chokeberry, raspberry powder, and bilberry extract

Astragin® (Astralgus & Panax Notoginseng Extract) [non-gmo] 25 mg

OTHER INGREDIENTS: Natural & Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame-K, Silicon Dioxide, Colour.

*** Percent Daily Values (%DV) are Based on a 2,000 Calories Diet † Daily Value Not Established.

DIETARY SUPPLEMENT NET WT: 14.81 OZ. (420 G).