Other ingredients: fructose, sorbitol, natural flavors, magnesium stearate, citric acid, turmeric color, vegetable juice color, malic acid, silica

FREE GLUTEN, YEAST-DERIVED **FROM** INGREDIENTS, WHEAT, AND DAIRY.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight.

Aquamin® is a registered trademark of Marigot Limited. Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE / feelalive.com

LG15786.D01 BLK8727D BLK8728D

Nature's Way

Alive!

KIDS CHEWABLE COMPLETE MULTIVITAMIN

ORCHARD FRUITS™ & GARDEN VEGGIES™
Powder Blend (150 mg per 2 tablets)

Orange & Berry Fruit Flavors

120 CHEWABLE TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Recommendation: Not for children under 2 years of age due to choking hazard. Children 2-3 years of age, chew 1 tablet daily. Children 4 years of age and older, chew 2 tablets daily. Preferably take with food. Instruct child to chew tablets thoroughly before swallowing. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size Servings per Container	1 Tablet 120		2 Tablets 60	
Amount per Serving	**Ages 2-3 Yrs**	**% DV**	**Ages 4+ Yrs**	**% DV**
Calories	5		10	
Total Carbohydrate	1 g	1%‡	3 g	1%‡
Total Sugars	1 g	**	2 g	**
Includes Added Sugars	1 g	4%‡	2 g	4%‡
Vitamin A (as 75% retinyl acetate, 25% beta carotene)	450 mcg	150%	900 mcg	100%
Vitamin C (ascorbic acid)	90 mg	600%	180 mg	200%
Vitamin D3 (as cholecalciferol)	15 mcg	100%	30 mcg	150%
Vitamin E (as d-alpha tocopheryl succinate)	7.5 mg	125%	15 mg	100%
Thiamin (as thiamin mononitrate)	1.2 mg	240%	2.4 mg	200%
Riboflavin	1.3 mg	260%	2.6 mg	200%
Niacin (as niacinamide)	8 mg	133%	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	340%	3.4 mg	200%
Folate	200 mcg DFE (209 mcg Quatrefolic® brand (6S)-5-Methyl-tetrahydrofolate glucosamine salt)	133%	400 mcg DFE (418 mcg Quatrefolic® brand (6S)-5-Methyl-tetrahydrofolate glucosamine salt)	100%
Vitamin B12 (as methylcobalamin)	1.5 mcg	167%	3 mcg	125%
Biotin	5 mcg	63%	10 mcg	33%
Pantothenic Acid (as D-calcium pantothenate)	3.75 mg	188%	7.5 mg	150%
Choline (as choline bitartrate)	5.5 mg	3%	11 mg	2%
Calcium (from Aquamin® calcified mineral source red algae *Lithothamnion* sp. (whole plant))	19.5 mg	3%	39 mg	3%
Iron (as ferrous fumarate)	2.5 mg	36%	5 mg	28%
Iodine (as potassium iodide)	75 mcg	83%	150 mcg	100%
Magnesium (from Aquamin® calcified mineral source red algae *Lithothamnion* sp. (whole plant) and as magnesium oxide)	6.3 mg	8%	12.6 mg	3%
Zinc (as zinc citrate)	1.8 mg	60%	3.6 mg	33%
Manganese (as manganese sulfate)	1.15 mg	96%	2.3 mg	100%
Molybdenum (as sodium molybdate)	22.5 mcg	132%	45 mcg	100%
Orchard Fruits™ & Garden Veggies™ Powder Blend Orange, Blueberry, Carrot, Pomegranate, Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato	75 mg	**	150 mg	**
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	15 mg	**	30 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
‡Percent Daily Values are based on a 1,000 calorie diet.
**Daily Value not established.

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Uniquely Balanced to Help Support Growth & Development*

Complete Multivitamin with high potency C, D, & B-Vitamins

Contains citrus bioflavonoids and Orchard Fruits™ & Garden Veggies™ powder blend

Fun, great tasting orange and berry fruit flavors

BALANCED FOR KIDS

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*
Beta Carotene (Vitamin A)
Vitamins C, E
Zinc

BONE HEALTH*
Calcium, Folate
Manganese
Vitamin D3

CELLULAR ENERGY*
B-Vitamins, Biotin

IMMUNE HEALTH*
Zinc
Vitamins A, C, D3

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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