



Supplement Facts

Serving Size : 2 vegan capsules per serving

Servings Per Container: 30

Amount Per Serving

% of Daily Value**

Saw Palmetto (Serenoa repens)(Berries)	500mg	†
GABA (gamma-Aminobutyric acid)	250mg	†
Vitamin C (Ascorbic Acid)	220mg	244.44%
Valerian Root (Valeriana officinalis)	200mg	†
Zinc (as Zinc Aspartate) (20% Zn)	6mg	54.55%
Ashwagandha Extract (Withania Somnifera) 1.5% withanolides	150mg	†
Melatonin	1.5mg	†
Probiotic Blend: [MAKWOOD Bifidobacterium Bifidum 100 bil cfu/g, MAKWOOD Lactobacillus acidophilus 200 bil cfu/g, MAKWOOD Streptococcus Thermophilus 400 bil cfu/g]	225mg	†

† Daily Value not yet established

** Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower based on your calorie needs.

Other Ingredients: Hypromellose, Rice Flour, Magnesium Stearate,