Other ingredients: stearic acid, cellulose, sodium croscarmellose, silica, hypromellose, magnesium stearate, gelatin, glycerin, brown rice

Recommendation: Women take 1 tablet daily preferably with food. Not formulated for men or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder. or if you are taking Coumadin®‡ (warfarin) or any other medication, consult a healthcare professional before use

FREE GLUTEN AND ARTIFICIAL COLORS

Amount per Servino

Q10 (Ubiquinone 10)

to proanthocyanidins

Eriocitrin, Flavonols and Flavones

Betaine HCl. Bromelain, Papain

Diglycoside (SDG) Lignan (0.4 mg)

Zhu Ling (Grifola umbellata)

**Daily Value (DV) not established.

Inosito

Keep out of reach of children. Safety sealed with

inner seal. Do not use if seal is broken or missing Store at room temperature. Keen hottle tightly closed. Aquamin® is a registered trademark of Marigot Limited Quatrefolic® is a registered trademark of Gnosis S.p.A.

U.S. Patent No. 7 947 662

‡Trademark of its respective company.

♦ LG15692.B02 BLK8653B

Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract

(root) standardized to 50% Resveratrol (1 mg). Coenzyme

Citrus Bioflavonoid Complex (from orange, grapefruit, lemon

lime, tangerine) providing Hesperidin, Naringin, Naringtin.

Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp

Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle

flos-aquae). Chlorella (micro-algae), Cilantro (leaf), Dandelion

(aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon

Flax Lignan/Fiber Blend: Flax Lignan Fiber (seed). Flax Lignan

Extract (seed hulls), standardized to 20% Secoisolariciresing

Mushroom Mycelial & Primordia Biomass Defense Blend

Organic Reishi (Ganoderma lucidum), Organic Shiitake

(Grifola frondosa), Organic Yamabushitake (Hericium

erinaceus), Organic Agarikon (Fomitopsis officinalis).

(I entinula edodes). Organic Hiratake (Pleurotus ostreatus)

Organic Englitake (Flammulina velutipes), Organic Maitake

Organic Chaga (Inonotus obliquus), Organic Himematsutake

versicolor), Organic Mesima (Phellinus linteus), Organic

Rutin (from Sophora japonica) (flower bud) Extract

FREE GLUTEN AND ARTIFICIAL COLORS

Lutein (from Aztec marigold extract) (flower

(Agaricus brasiliensis/blazei). Organic Kawaratake (Trametes

citratus). Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)

(stem, leaf, flower), Blue-Green Algae (Aphanizomenon

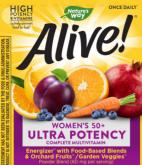
Digestive Enzyme Blend: Concentrated Enzyme formula

(Protease I, Protease II, Amylase, Lactase, Peptidase,

Cellulase, Invertase, Alpha Galactosidase, Linase).

CranRx® Cranberry fruit concentrate standardized

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% DV

20 mg

20 ma

20 ma

20 ma

20 ma

20 ma

10 mg

5 ma

1 ma

Supplement



Recommendation: Women take 1 tablet daily, preferably with food. Not formulated to

men or children. Do not exceed recommended dose. Warning: Do not take if you are

pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®‡

LGBN15692.B02

BLK8653B

GET THE MOST EDOM VOLID MILLTIN

Mushroom Defense
Blend
Daily Greens™ Blend Providing Amino Acids
Mind & Body Energy Blend



With High Potency B-Vitamins including

the active form of B-12 and Folate

EYE HEALTH'

Beta Carotene (Vitamin A) Vitamins C. E Lutein, Zinc

> HEART HEALTH!

R-Vitamins

R-Vitamins Vitamins C, E

HEALTH*

Calcium, Folate Magnesium, Manganese Vitamins D3, K

> IMMUNE HEALTH'

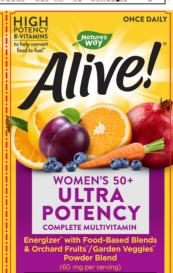
Selenium, Zinc Vitamins A. C. D3

ENERGY METABOLISM* SKIN

HEALTH! Vitamins A. C. F. 7inc

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE



60 TABLETS • MULTIVITAMIN SUPPLEMENT

(warfarin) or any other medication, consult a healthcare professional before use **Supplement Facts** Serving Size 1 Tablet Amount per Serving 1,350 mca 50% [675 mcg] retinyl acetate) 180 mg Vitamin C (ascorbic acid) 200% Vitamin D3 (as cholecalciferol 50 mcg 250% Vitamin E (as d-alpha tocopheryl succinate) 50 mg Vitamin K (as phytopadione) 150 mca Thiamin (as thiamin mononitrate) 20 ma 667% Riboflavin .538% 20 ma Niacin (as niacinamide) 40 mg 250% 34 mg 2.000% Vitamin B6 (as pyridoxine HCI) 800 mca DEE 200% (837 mcg Quatrefolic® brand (6S)-5-Methyltetrahydrofolate glucosamine salt) Vitamin B12 (as methylcobalamin) 90 mcg 3.750% 110% 33 mcg Pantothenic Acid (as D-calcium pantothenate) 400% 20 mg 11 mg Choline (as choline hitartrate) Calcium (from Aguamin® calcified mineral source 195 mg 15% red algae Lithothamnion sp. [whole plant]) 150 mca 100% lodine (as potassium iodide Magnesium (from Aquamin® calcified mineral source 105 mg 25% red algae Lithothamnion sp. [whole plant]) and as

Orchard Fruits™ & Garden Veogies™ Powder Blend 60 mg Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry,

magnesium oxide)

Selenium (as sodium selenate)

Manganese (as manganese sulfate)

Molybdenum (as sodium molybdate)

Copper (as copper sulfate)

Zinc (as zinc oxide)

Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple Pumpkin, Spinach Mind & Body Energy Blend: Asian Ginseng Extract (root),

Fleuthern (rnot), Ginkgo biloba Extract (leaf), Gotu Kola (aerial parts). Rhodiola rosea Extract (root), standardized to 3% Rosavins (0.18 mg), and 1% Salidroside (0.06 mg)

11 mg

200 mcg

0.9 mg

5.8 mg

45 mca

100%

364%

100%

252%

100%

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Other ingredients: stearic acid, cellulose, sodium croscarmellose, silica, hypromellose, magnesium stearate, gelatin, glycerin, brown rice