Other ingredients; stearic acid, cellulose, sodium croscarmellose, silica, hypromellose, magnesium stearate, glycerin, brown rice

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadine+ (warfarin) or any other medication, consult a healthcare professional before use.

FREE GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Aguamin® is a registered trademark of Marigot Limited. Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

‡Trademark of its respective company.

Q10 (Ubiquinone 10)

to proanthocyanidins

Eriocitrin, Flavonols and Flavones CranRx® Cranberry fruit concentrate standardized

Betaine HCl. Bromelain, Papain

Diglycoside (SDG) Lignan (0.4 mg) Mushroom Mycelial & Primordia Biomass Defense Blend

♠ LG15692.B01 BLK8653B

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(root) standardized to 50% Resveratrol (1 mg), Coenzyme

Citrus Bioflavonoid Complex (from orange, grapefruit, lemon,

lime, tangerine) providing Hesperidin, Naringin, Narirutin,

Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass) Digestive Enzyme Blend: Concentrated Enzyme formula

(Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase),

Organic Reishi (Ganoderma Jucidum), Organic Shiitake

(Lentinula edodes), Organic Oyster Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes),

Organic Maitake (Grifola frondosa), Organic Yamabushi-

take (Hericium erinaceus), Organic Agarikon (Fomitopsis

officinalis), Organic Chaga (Inonotus obliquus). Organic Himematsutake (Agaricus brasiliensis/blazei), Organic

(Phellinus linteus), Organic Zhu Ling (Grifola umbellata)

Kawaratake (Trametes versicolor), Organic Mesima

Rutin (from Sophora japonica) (flower bud) Extract

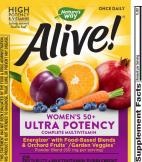
Lutein (from Aztec marigold extract) (flower)

**Daily Value (DV) not established.

magnesium stearate, glycerin, brown rice

Questions? 1-800-9NATURE / feelalive.com

Flax Lignan/Fiber Blend: Flax Lignan Fiber (seed), Flax Lignan Extract (seed hulls), standardized to 20% Secoisolariciresinol



ement



LGBN15692.B01

BLK8653B

Amount per Servina % DV **GET THE MOST FROM YOUR MULT!!** Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract

20 ma

20 mg

20 ma

20 mg

5 mg

1 mg

Orchard Fruits™/ Garden Veggies™ Powder Blend	CranRx [*] Blend	Mushroom Defense Blend
Cardio Blend	Citrus Bioflavonoid Complex	Daily Greens™ Blend Providing Amino Acids
Digestive Enzyme Blend	Flax Lignan Blend	Mind & Body Energy Blend
6	1	

BALANCED FOR WOMEN 50+ With High Potency B-Vitamins including the active form of B-12 and Folate

EYE **HEALTH***

Beta Carotene (Vitamin A) Vitamins C, E Lutein, Zinc

HEART HEALTH*

B-Vitamins Vitamins C, E

BONE HEALTH'

Calcium, Folate Magnesium, Manganese Vitamins D3, K

> IMMUNE HEALTH'

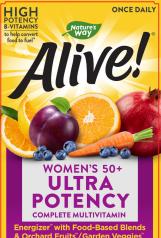
Selenium, Zinc Vitamins A, C, D3

ENERGY METABOLISM* **B-Vitamins**

SKIN HEALTH* Vitamins A. C. E. Zinc

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and

our food-based blends, and live every day feeling Alive! THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



& Orchard Fruits"/Garden Veggies" **Powder Blend**

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®‡ (warfarin) or any other medication, consult a healthcare professional before use

Supplement Facts Serving Size 1 Tablet

Serving Size i Tablet		
Amount per Serving		% DV
Vitamin A (as 50% [675 mcg] beta carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	180 mg	200%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	50 mg	333%
Vitamin K (as phytonadione)	150 mcg	125%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	34 mg	2,000%
Folate	800 mcg DFE	200%
(837 mcg Quatre Methyltetrahydrofolai	folic [®] brand (6S)-5- te glucosamine salt)	
Vitamin B12 (as methylcobalamin)	90 mcg	3,750%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	11 mg	2%
Calcium (as Aquamin® calcified mineral source red algae Lithothamnion sp. [whole plant])	195 mg	15%
lodine (as potassium iodide)	150 mcg	100%
Magnesium (as Aquamin® calcified mineral source red algae Lithothamnion sp. [whole plant]) and magnesium oxide)	105 mg	25%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	200 mcg	364%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%

Orchard Fruits™ & Garden Veggies™ Powder Blend

Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout. Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple Pumpkin, Spinach

Mind & Body Energy Blend: Asian Ginseng Extract (root), Eleuthero (root), Ginkgo biloba Extract (leaf), Gotu Kola (aerial parts), Rhodiola rosea Extract (root), standardized

to 3% Rosavins (0.18 mg), and 1% Salidroside (0.06 mg)

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Other ingredients: stearic acid, cellulose, sodium croscarmellose, silica, hypromellose,