

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, hypromellose, magnesium stearate, gelatin, glycerin, brown rice

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

FREE GLUTEN AND FROM ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed. Aquagen® is a registered trademark of Margit Limited.

Quatrefume® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

†Trademark of its respective company.

◆ LG15685.802 BLK650B

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Green Bay, WI 54311 U.S.A. / Bottled and tested in the USA
Questions? 1-800-NATURE / feelalive.com

HIGH POTENCY B-VITAMINS to help convert food to fuel!

ONCE DAILY

Nature's Way

Alive!

MEN'S ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer™ with Food-Based Blends & Orchard Fruits™ / Garden Veggies™ Powder Blend (60 mg per serving)

60 TABLETS • MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet	Amount per Serving	% DV
Total Carbohydrate	<1 g	<1%
Vitamin A (as 50% [675 mcg] beta carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	203 mg	226%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as α -tocopheryl succinate)	60 mg	400%
Vitamin K (as phytylone)	120 mcg	100%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	34 mg	2,000%
Folate	400 mcg DFE	100%
(418 mcg Quatrefume® Blend (RS)-5-Methyltetrahydrofolate glucosamine salt)		
Vitamin B12 (as methylcobalamin)	40 mcg	1,667%
Biotin	33 mcg	110%
Panthenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	20 mg	4%
Calcium from Aquagen® calcium mineral source red algae (Lithothamnion sp. whole plant)	130 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium from Aquagen® calcium mineral source red algae (Lithothamnion sp. whole plant) and as magnesium oxide	55 mg	13%
Zinc (as zinc oxide)	22 mg	200%
Copper (as copper sulfate)	200 mcg	364%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Potassium (as potassium chloride)	5 mg	<1%
Men's Blend: Sea Palmetto (berry), Lycopene (from Tomato Extract) 1 mg	101 mg	**
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry	60 mg	**
** Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.		



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Amount per Serving % DV

Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	30 mg	**
Energy & Endurance Blend: Eleuthero (root), Rhodiola Extract standardized to 3% rosinoids (0.15 mg) and 1% salidroside (0.05 mg), Asian Ginseng Extract (root), Ginkgo (leaf, aerial parts)	20 mg	**
Cardo Blend: Hawthorn (berry), Japanese Knotweed (root) Extract standardized to 50% resveratrol (1 mg), Coenzyme Q10 (Ubiquinone 10)	20 mg	**
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine) providing Hesperidin, Naringin, Narirutin, Eriodiol, Flavonols and Flavones	20 mg	**
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorrella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg	**
Digestive Enzyme Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Pepsinase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Galactin	20 mg	**
Inositol	20 mg	**
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Tremella (Tremella fuciformis), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himantogaster (Agaricus brasiliensis/braziliensis), Organic Kawaikake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata)	5 mg	**
Rutin (from Sophora japonica (flower bud) Extract)	500 mcg	**
Lutein (from Aztec marigold extract (flower))	500 mcg	**

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GET THE MOST FROM YOUR MULTI!

Orchard Fruits™ & Garden Veggies™ Powder Blend

Men's Blend

Mushroom Defense Blend

Daily Greens™ Blend Providing Amino Acids

Digestive Enzyme Blend

Energy & Endurance Blend

BALANCED FOR MEN

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*

Beta Carotene (Vitamin A), Vitamins C, E, Lutein, Zinc

BONE HEALTH*

Calcium, Folate, Magnesium, Manganese, Vitamins D3, K

HEART HEALTH*

B-Vitamins, Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc, Vitamins A, C, D3

ENERGY METABOLISM*

B-Vitamins

MUSCLE FUNCTION*

Magnesium, Vitamins B6, D3

Alive!™ multivitamins were created to give you the energy support you need to do all that is important to you. Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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