

TriCare Prenatal™ DHA ONE® RX

Multivitamin/Mineral Softgel

Essential Nutrition for the
Three Stages of Pregnancy:
Preconception • Pregnancy • Postnatal

Rx Only

NDC 67112-402-30

30 Softgels

ONCE DAILY

DHA ONE® RX

Description: Each purple softgel contains:
Essential Fatty Acids

Fish Oil Concentrate 10/50 TG

DHA

EPA

500 mg

215 mg

45 mg

Vitamins

Vitamin B-1 (Thiamine Mononitrate)

3 mg

Vitamin B-2 (Riboflavin)

3.4 mg

Vitamin B-3 (Inositol Hexanicotinate)

20 mg

Vitamin B-6 (Pyridoxine Hydrochloride)

25 mg

Vitamin B-12 (Cyanocobalamin)

100 mcg

Folic Acid

1 mg

Vitamin C (Ascorbic Acid)

60 mg

Vitamin D3 (Cholecalciferol in Corn Oil)

800 IU

Vitamin E (d-alpha-Tocopherol)

30 IU

Biotin

300 mcg

Minerals

Iron (Ferrous Fumarate)

27 mg

Zinc (Zinc Sulfate Monohydrate)

10 mg

Copper (Cupric Sulfate Anhydrous)

2 mg

Iodine (Potassium Iodide)

150 mcg

Other Active Ingredients

Docusate Sodium (with 15% sodium benzoate)

25 mg

INACTIVE INGREDIENTS: Gelatin Capsule (Bovine Gelatin, Glycerin, Sorbitol Sorbitan Solution, Purified Water, Titanium Dioxide, FD&C Red #40, FD&C Red #3, FD&C Blue #1), Yellow Beeswax, Soy Lecithin

INDICATIONS AND USAGE: TriCare Prenatal™ DHA ONE® RX Multivitamin/Mineral Softgels are indicated to provide multivitamin/mineral/essential fatty acid supplementation throughout pregnancy and during the postnatal period for both the lactating and non-lactating mother. It is also useful for improving nutritional status prior to conception.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

TriCare Prenatal™
DHAone.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B-12 is deficient.

NOTICE: Contact with moisture may produce surface discoloration or erosion of the softgel.

PRECAUTIONS: Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One softgel daily or as directed by a physician.

HOW SUPPLIED: TriCare Prenatal™ DHA ONE® RX Multivitamin/Mineral Softgels for oral administration are supplied as purple softgels, imprinted in white ink: DHA 402 in a child-resistant plastic bottle of 30 softgels. (NDC 67112-402-30)

WARNING: Ingestion of more than 3 grams of Omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of Omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have inherited or acquired predisposition to bleeding.

Store at controlled room temperature of 20°-30°C (68°-77°F). Excursions permitted to 15°-30°C (59°-86°F).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

Marketed by Medecor Pharma LLC, Baton Rouge, LA

