



Supplement Facts

Serving size 1 scoop (13g)

Servings Per Container 40

	Amount per serving	% Daily Value
Calories	15	
Total Carbohydrate	4g	1%*
Phosphorus	171mg	14%
Sodium	90mg	4%
Potassium	285mg	6%
Creatine Monohydrate	5g	**
Beta Alanine	1g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: Creatine Monohydrate, Maltodextrin, Beta Alanine, Citric Acid, Natural and Artificial Flavor, Malic Acid, Dipotassium Phosphate, Silicon Dioxide, Disodium Phosphate, Sucralose.