

Other ingredients: collagen, hydrolyzed porcine gelatin, stearic acid, sodium croscarmellose, hydroxypropylcellulose, silica, magnesium stearate, glycerin, brown rice. **Recommendation:** Women take 3 tablets daily, preferably with food, increase fluid intake during use. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM gluten, yeast-derived ingredients and artificial colors.

Keep out of reach of children. Safety sealed with inner seal and child-resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Asqua™ is a registered trademark of Maniaki Limited. **Quatrin®** is a registered trademark of Grossi S.p.A. U.S. Patent No. 7,947,662.

◆ LG15543.D01 BLK838D

Trademark of its respective company.
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ULTRA POTENT B-VITAMINS

Alive!

MAX 3 POTENCY

WOMEN'S MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

— INCLUDING —
Daily Greens & Orchard Fruits® Garden Veggie® Powder Blends (600 mg per serving)

90 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Supplement Facts		Amount per Serving		Amount per Serving	
Serving Size 3 Tablets (Serving per Container 30)		% DV		% DV	
Amount per Serving	% DV				
Calories					
Total Carbohydrate	2 g	1%			
Vitamin A (as 70% (1,260 mcg) beta carotene and 30% (250 mcg) retinyl acetate)	1800 mcg	200%			
Vitamin C (as ascorbic acid)	270 mg	300%			
Vitamin E (as d-alpha-tocopherol)	50 mcg	250%			
Vitamin K (as phytyl menadione)	50 mcg	333%			
Niacin (as niacinamide)	80 mg	500%			
Vitamin B6 (as pyridoxine HCl)	50 mcg	250%			
Folate (837 mcg Quatrin® brand (85-S-Methyltetrahydrofolate glucosamine salt))	800 mcg DFE	200%			
Biotin	10 mcg	3,750%			
Panthenic Acid (as D-calcium pantothenate)	25 mg	500%			
Choline (as choline bitartrate)	30 mg	50%			
Calcium (as Aquamin®) (calcified mineral source from Algae)	390 mg	30%			
Iron (as ferrous bisglycinate chelate)	18 mg	100%			
Sodium	150 mg	100%			
Potassium (as potassium citrate)	50 mg	10%			
Magnesium (as magnesium bisglycinate chelate)	400 mg	100%			
Zinc (as zinc gluconate)	11 mg	100%			
Copper (as copper bisglycinate chelate)	0.9 mg	100%			
Manganese (as manganese bisglycinate chelate)	5.8 mg	252%			
Molybdenum (as sodium molybdate)	45 mcg	100%			
Selenium (as L-selenomethionine)	55 mcg	100%			
Chromium (as chromium picolinate)	200 mcg	100%			
Vanillin (as vanillin)	400 mg	100%			
Ginger (as ginger)	400 mg	100%			
Turmeric (as turmeric)	400 mg	100%			
Black Pepper (as black pepper)	400 mg	100%			
Garlic (as garlic)	400 mg	100%			
Lemon (as lemon)	400 mg	100%			
Lime (as lime)	400 mg	100%			
Orange (as orange)	400 mg	100%			
Pineapple (as pineapple)	400 mg	100%			
Strawberry (as strawberry)	400 mg	100%			
Raspberry (as raspberry)	400 mg	100%			
Blueberry (as blueberry)	400 mg	100%			
Blackberry (as blackberry)	400 mg	100%			
Cranberry (as cranberry)	400 mg	100%			
Pumpkin (as pumpkin)	400 mg	100%			
Pumpkin Seed (as pumpkin seed)	400 mg	100%			
Pumpkin Seed Oil (as pumpkin seed oil)	400 mg	100%			
Pumpkin Seed Protein (as pumpkin seed protein)	400 mg	100%			
Pumpkin Seed Fiber (as pumpkin seed fiber)	400 mg	100%			
Pumpkin Seed Husk (as pumpkin seed husk)	400 mg	100%			
Pumpkin Seed Shell (as pumpkin seed shell)	400 mg	100%			
Pumpkin Seed Meal (as pumpkin seed meal)	400 mg	100%			
Pumpkin Seed Bran (as pumpkin seed bran)	400 mg	100%			
Pumpkin Seed Germ (as pumpkin seed germ)	400 mg	100%			
Pumpkin Seed Hull (as pumpkin seed hull)	400 mg	100%			
Pumpkin Seed Skin (as pumpkin seed skin)	400 mg	100%			
Pumpkin Seed Seed (as pumpkin seed seed)	400 mg	100%			
Pumpkin Seed Stem (as pumpkin seed stem)	400 mg	100%			
Pumpkin Seed Taproot (as pumpkin seed taproot)	400 mg	100%			
Pumpkin Seed Trunk (as pumpkin seed trunk)	400 mg	100%			
Pumpkin Seed Vine (as pumpkin seed vine)	400 mg	100%			
Pumpkin Seed Root (as pumpkin seed root)	400 mg	100%			
Pumpkin Seed Leaf (as pumpkin seed leaf)	400 mg	100%			
Pumpkin Seed Flower (as pumpkin seed flower)	400 mg	100%			
Pumpkin Seed Fruit (as pumpkin seed fruit)	400 mg	100%			
Pumpkin Seed Seedling (as pumpkin seed seedling)	400 mg	100%			
Pumpkin Seed Sprout (as pumpkin seed sprout)	400 mg	100%			
Pumpkin Seed Shoot (as pumpkin seed shoot)	400 mg	100%			
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