Perfect Food® Super Green Formula has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organic cereal grass juice ingredients, Perfect Food® is great for those who are unable to eat enough green foods.

Suggested Use: Adults take 5 caplets 1 (or more) times per day with 8 ounces of water. Start with 1-2 caplets daily and gradually work up to 5 caplets per day. May be taken with or without food. Not intended for children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately

## Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no apple fiber, rice flour, artificial colors or preservatives. This product is made with natural ingredients, therefore color may





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## **Supplement Facts** Serving Size 5 Caplets

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 3 g	1%1
Dietary Fiber 1 g	6%1
Protein 1 g	2%1
Vitamin A (as beta-carotene) 2,500 IU	50%
Vitamin C 60 mg	100%
Caldium 60 mg	6%
Iron 3 mg	17%

### Poten-Zyme® Whole Food Matrix 2.25 a

Perfect Veggie Juice Blend 250 mg

Barley Grass\* Oat Grass\* Buckwheat Spmut\* Ameranth Spmut Quinna Spmut Millet Sprout, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout\* Sunflower Seed Scrout, Pumpkin Seed Scrout\*, Chia Seed Scrout, Sesame Seed Scrout

Perfect Green Juice Blend 2 g Rarley Grass Juine\* Alfalfa Grass Juine\* Wheat Grass Juine\* Oat Grass Juin

#### Perfect Protein-Mineral Blend 670 mg Spirulina, Chlorella, Calcified Red Algae, Kelp. Acerola Cherry Extract (Fruit) 350 mg

Alfalfa\* (Sprout), Beet\* (Boot), Carrot\* (Boot), Broccoli\* (Bower & Stem), To (Fnuit) Cucumbert (Gnurd), Kalet (Leaf), Spinacht (Leaf), Parsleyt (Leaf), Green Cabbage\* (Leaf), Celery (Stalk), Cauliflower (Flower & Stem), Green Bell Penner (Fruit). Asparaous (Flower & Stem), Brussels Sprout\* (Leaf), Onion\* (Bulb), Garlic

# (Ruth) Ginner' (Root

Lactobacillus plantarum. Bifidobacterium lonoum. Bifidobacterium lactis. Bifidobacterium blidum, Lactobacilus rhamnosus, Blidobacterium breve, Lactobacilus paracase Lactobacillus casei. Lactobacillus salkerius. Lactobacillus acidoobilus

Percent Daily Values are based on a 2,000 calorie diet.

+Daily Value not established.

Other ingredients: Cellulose, silica, vegetable coating, magnesium stearate (vegetable source).