Suggested Use: Take 3 capsules after breakfast. For optimal results, take 3 additional capsules after lunch or as recommended by a physician.

Caution: Not intended for anyone under the age of 18 without adult supervision.

Do not use if you are pregnant, nursing, or have any medical conditions.

Consult your physician prior to use if you are taking any medications.

KEEP OUT OF THE REACH OF CHILDREN

Store product at room temperature. Do not expose to excessive heat or moisture.

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Manufactured in the USA for:

Captavida, Inc. 40180 US HWY 19 North Tarpon Springs, FL 34689 844-569-9436

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REV072320



SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 30

Amount per serving		%DV
Biotin USP 97.5%	7.5 mcg	3%
Proprietary Blend:	1622 mg	••

Berberine HCL (Berberis aristata) (Bark), Bitter Melon Extract (Momordica charantia) (Fruit), Curcumin Extract (Curcuma longa), Alpha Lipoic Acid, Garcinia Cambogia Extract (Fruit), Cinnamon (Cinnamomum verum) (Bark), Panax Ginseng (Root) Extract, Aloe Vera (Aloe barbadensis) (Leaf), Bay Leaf (Laurus Nobilis L) Powder, Chromium Picolinate

*% Daily Value **Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Vegetable Stearate, Dicalcium Phosphate

> * These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat, or prevent any disease.

