

Prenatal Vitamins Plus

Low Iron Tablets

Vitamins and Mineral
Supplement for pregnant
& lactating women

ZIKS® **Nnodum
Pharmaceuticals**

500 Tablets

DO NOT USE IF IMPRINTED SAFETY SEAL
UNDER CAP IS BROKEN OR MISSING.

Supplement Facts

Each Tablet Contains:	Amount per Tablet	% Daily Value
Vitamin A (Acetate and Beta Carotene)	4000 I.U.	80%
Vitamin C (Ascorbic acid)	120 mg	200%
Vitamin D-3 (Cholecalciferol)	400 I.U.	100%
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 mg	73%
Vitamin B-1 (Thiamine Mononitrate)	1.84mg	123%
Vitamin B-2 (Riboflavin)	3 mg	176%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine HCl)	10 mg	500%
Folic Acid	1 mg	200%
Vitamin B-12 (Cyanocobalamin)	12 mcg	200%
Calcium (from Calcium Carbonate)	200 mg	20%
Iron (Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Cupric Oxide)	2 mg	100%

Other Ingredients: Corn Starch, Dicalcium Phosphate, DL Alpha Tocopherol, FD&C: Blue #2 Lake, FD&C: Red #40 Lake, FD&C: Yellow #6 Lake, Gum Arabic, Hydroxypropyl Methylcellulose, Maltodextrin, Microcrystalline Cellulose, Modified food starch, Polyethylene Glycol (PEG), Polyvinyl Alcohol, Pregelatinized Starch, Silicon Dioxide, Sucrose, Talc, Titanium Dioxide.

Directions: Before, during and after pregnancy, one tablet daily or as directed by a physician.

Caution: Folic Acid may partially correct the hematological damage due to Vitamin B-12 deficiency or pernicious anemia while the associated neurological damage progresses.

Warning: Accidental overdose of iron-containing products is a leading cause of fetal poisoning in children under six.

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

In case of accidental overdose, call a physician or Poison Control Center immediately.

Indications: To provide vitamin and mineral supplementation throughout pregnancy and during the postnatal period for both the lactating and non lactating mother. It is also useful for improving nutritional status prior to conception.

Contraindications: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Store at room temperature, USP. Dispense in a well closed light resistant container.

Manufactured for: Nnodum Pharmaceuticals
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MADE IN USA



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