

Estroven®

MENOPAUSE RELIEF + SLEEP

When occasional RESTLESS SLEEP is
your most bothersome symptom



Black Cohosh

for hot flashes & night sweats*



Melatonin

Helps you fall & stay asleep*

Directions: Take (1) caplet daily with or without food before bedtime. For best results, daily use for a minimum of 60 days is important.

Store at room temperature. Do not expose to excessive heat, humidity or direct sunlight.

Slight variations in caplet color may occur due to the naturally sourced colorants.

As with any dietary supplement, please inform your healthcare professional before taking. Do not take if pregnant, breastfeeding or intending to become pregnant. Keep out of reach of children. Do not operate a motor vehicle or machinery while taking this product.

Tamper Evident: Product is sealed within blisters. Do not use if any part of the blister is torn, open or damaged.

††Estroven® does not contain animal, or human derived hormones.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size: One (1) Caplet

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%**
Calcium (as dicalcium phosphate)	112 mg	9%
Black Cohosh Root Extract	40 mg	†
Soy Isoflavones	56 mg	†
Melatonin	2 mg	†

** Percent Daily Values based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: microcrystalline cellulose, stearic acid, coating (hydroxypropyl methylcellulose, titanium dioxide [color], medium chain triglycerides [safflower oil], inulin, vegetable juice [color]), croscarmellose sodium, silicon dioxide, magnesium stearate.

Contains: Soy

Distributed by i-Health, Inc. 55 Sebeth Drive, Cromwell, CT 06416
Made in the USA with US and imported materials.

For questions, concerns, or to report an adverse event, please call 1-877-ESTROVEN or visit www.estroven.com



SAFE TO USE



NO ANIMAL OR HUMAN
DERIVED HORMONES



NO PRESERVATIVES



NO LACTOSE



NO YEAST, WHEAT,
OR GLUTEN

RESTFUL SLEEP

HORMONE & DRUG FREE††

Estroven®

MENOPAUSE RELIEF + SLEEP

Helps Reduce
Hot Flashes + Night Sweats*

Supports
Restful Sleep*

30 Once Daily
Caplets

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

SAFE &
EFFECTIVE



Estroven® is a trademark of DSM.
TESTED FOR QUALITY
& PURITY IN THE USA
ENBM5787