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DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.  
KEEP OUT OF THE REACH OF CHILDREN.  
NO USE SI EL SELLO PROTECTOR ESTÁ ROTO O NO LO TIENE.  
MANTENER FUERA DEL ALCANCE DE LOS NIÑOS.

**Important:** Consult your physician or health specialist before taking this product, if you are pregnant, lactating or have a previous medical condition.  
Store tightly closed in a dry place at controlled temperature of 15° -30°C.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Full Life Natural Health Products.  
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[www.fulllifeusa.com](http://www.fulllifeusa.com)



MADE IN USA

**Full Life**  
A natural way of life



**OMEGA**  
**3.6.9**

**ORGANIC  
FLAXSEED OIL**  
1,000 mg.



**DIETARY  
SUPPLEMENT**

**100  
SOFTGEL  
CAPSULES**

**Full Life**  
A natural way of life

**SUPPLEMENT FACTS**

Serving Size: 1 Softgel      Servings per container: 33.3  
**Amount per serving      %DV\***

|                                     |                |    |
|-------------------------------------|----------------|----|
| Calories.....                       | 10             |    |
| Calories from Fat .....             | 10             |    |
| Total Fat.....                      | 1 g .....      | 1% |
| Polyunsaturated Fat .....           | 0.5 g .....    | ** |
| Organic Flaxseed Oil.....           | 1,000 mg ..... | ** |
| Which typically contains:           |                |    |
| Alpha-Linolenic Acid (Omega 3)..... | 500 mg .....   | ** |
| Linoleic Acid (Omega 6).....        | 180 mg .....   | ** |
| Oleic Acid (Omega 9).....           | 180 mg .....   | ** |
| Other Fatty Acid.....               | 140 mg .....   | ** |

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

**Other Ingredients:** Gelatin, Glycerin, caramel color and purified water.

**Suggested use:** Take one (1) softgel three (3) times a day.