

DHA (docosahexaenoic acid), an omega-3 fatty acid, is a major structural fatty acid in the brain & eyes and is a key component of the heart.



Unlike other sources of DHA omega-3, **life'sDHA™** comes from a **vegetarian source** (algae), **not from fish**, so there is no worry of ocean-borne contaminants.

DIRECTIONS: Take one (1) softgel daily with a meal.

Store in a cool, dry place away from direct sunlight.

Keep out of reach of children. Not intended for children under 4 years of age due to risk of choking.

Caution: Do not take if seal is broken.

As with any dietary supplement, consult a healthcare professional before use, particularly if taking medications such as anticoagulants or blood thinners, have a bleeding disorder, or anticipate surgery.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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life'sDHA™

Adult

Helps
**Support Brain
+ Eye + Heart
Health***

algae-based

200mg
DHA



60 Softgels
Dietary Supplement



Supplement Facts

Serving Size: One (1) Softgel
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5g	1%**
DHA (Docosahexaenoic acid from algal oil)	200mg	†

**Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: algal oil, water, high oleic sunflower oil, modified corn starch, glycerin, carrageenan, sorbitol, beta-carotene and caramel (coloring), ascorbyl palmitate and tocopherols (antioxidants), natural flavor, sunflower lecithin.

Distributed By:
i-Health, Inc.
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Made in USA.

For questions, concerns
or to report an adverse
event, please call:
1-800-722-3476

