

DHA (docosahexaenoic acid), an **omega-3 fatty acid**, is a major structural fatty acid in the brain & eyes and is a key component of the heart. **Lutein & Zeaxanthin** are 2 important antioxidants that help protect the retina of the eye, supporting healthy vision and blue light protection:



Unlike other sources of DHA omega-3, **life'sDHA™** comes from a vegetarian source (algae), not from fish, so there is no worry of ocean-borne contaminants.

DIRECTIONS: Take one (1) softgel daily with a meal.

Store in a cool, dry place away from direct sunlight.

Keep out of reach of children. Not intended for children under 4 years of age due to risk of choking. **Caution:** Do not take if seal is broken. As with any dietary supplement, consult a healthcare professional before use, particularly if your child is taking medications such as anticoagulants or blood thinners, has a bleeding disorder or is anticipating surgery.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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life'sDHA™

Kids & Teens

**Helps Filter +
Shield Blue Light***



**algae-based
200mg DHA**

**1mg Zeaxanthin
5mg Lutein**

60 Softgels
Dietary Supplement



Supplement Facts

Serving Size: One (1) Softgel
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5g	1%**
DHA (Docosahexaenoic acid from algal oil)	200mg	†
Lutein	5mg	†
Zeaxanthin	1mg	†

**Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin, water, glycerin, high oleic sunflower oil, titanium dioxide (coloring), riboflavin (coloring), sunflower lecithin, ascorbyl palmitate (antioxidant), tocopherols (antioxidant) and natural flavor.

Distributed By: i-Health, Inc.
55 Sebethe Drive,
Cromwell, CT 06416

Made in USA.

For questions, concerns or
to report an adverse event,
please call: **1-800-722-3476**

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