Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, brown rice

Recommendation: Adults take 6 capsules daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®‡ (warfarin) or any other medication, consult a healthcare professional before use.

FREE FROM: Gluten, artificial colors, flavors, and preservatives

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

‡Trademark of its respective company.

LG15092.D01 BLK8053b

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE / feelalive.com

ULTRA POTENT B-VITAMINS

Nature's Way® Alive!

NO ADDED IRON

MAX6 POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING
Daily Greens™ & Orchard Fruits™/Garden Veggies™ Powder Blends (600 mg per serving)

90 CAPSULES • COMPLETE MULTIVITAMIN SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 6 Capsules / Servings per Container 15

Amount per Serving	% DV
Calories	5
Total Carbohydrate	1 g <1%†
Vitamin A (as 77% [3,000 mcg] beta carotene, 23% [891 mcg] retinyl acetate)	3,891 mcg 432%
Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin D (as ergocalciferol)	25 mcg 125%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg 893%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 2,083%
Riboflavin	25 mg 1,923%
Niacin (as niacinamide)	125 mg 781%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	50 mg 2,941%
Folate (418 mcg Quatrefolic® brand (6S)-5-Methyltetrahydrofolate glucosamine salt)	400 mcg DFE 100%
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 2,500%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	262 mg 20%
Iodine (as potassium iodide and from kelp)	150 mcg 100%
Magnesium (as magnesium citrate and oxide)	125 mg 30%
Zinc (as zinc gluconate)	15 mg 136%
Selenium (as L-selenomethionine)	158 mcg 287%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese bisglycinate chelate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing Amino Acids.....	400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (*Aphanizomenon flos-aquae*), Chlorella (micro-algae), Cilantro (leaf), Dandelion (leaf and root), Lemon Balm (leaf), Lemongrass (*Cymbopogon citratus*), Nettle (*Urtica* spp.) (leaf), Plantain (leaf), Wheat (grass), Wheat (grass juice powder), Orchard Fruits™/Garden Veggies™ Blend providing Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach, Garcinia Cambogia (fruit), Hawthorn (berry), Japanese Knotweed (extract root) (standardized to 50% Resveratrol (5 mg), Coenzyme Q10 (CoQ10) (Ubiquinone 10), Digestive Enzyme Blend: Concentrated Enzyme formula ..... 100 mg **, Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain, Mushroom Mycelial & Primordia Biomass Defense Blend..... 100 mg **, Organic Reishi (*Ganoderma lucidum*), Organic Shiitake (*Lentinula edodes*), Organic Oyster Hirsitake (*Pleurotus ostreatus*), Organic Enokitake (*Flammulina velutipes*), Organic Maitake (*Grifola frondosa*), Organic Yamabushi-take (*Hericium erinaceus*), Organic Agarikon (*Fomitopsis officinalis*), Organic Chaga (*Inonotus obliquus*), Organic Himematsutake (*Agaricus brasiliensis/blazei*), Organic Kawaratake (*Trametes versicolor*), Organic Meisima (*Phellinus linteus*), Organic Zhu Ling (*Grifola umbellata*)

Amount per Serving	% DV
Omega 3/6/9 Fatty Acid Seed Blend: Flax seed powder, Sunflower seed powder	100 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	60 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Rutin (from *Sophora japonica* (flower bud) Extract	25 mg **
Lutein (from Aztec marigold extract) (flower)	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, brown rice
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MAX POTENCY 6X DAILY

multivitamin tablets with food-based blends, such as:

Orchard Fruits™/ Garden Veggies™ Powder Blend

Daily Greens™ Blend Providing Amino Acids

Cardio Blend

Digestive Enzyme Blend

Omega 3/6/9 Fatty Acid Seed Blend

Citrus Bioflavonoid Complex

Mushroom Defense Blend

WHOLE BODY NUTRITION

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*
Beta Carotene (Vitamin A)
Vitamins C, E
Lutein, Zinc

BONE HEALTH*
Calcium, Folate
Magnesium, Manganese
Vitamins D3, K

HEART HEALTH*
B-Vitamins
Vitamins C, E

IMMUNE HEALTH*
Selenium, Zinc
Vitamins A, C, D3

ENERGY METABOLISM*
B-Vitamins

SKIN HEALTH*
Vitamins A, C, E, Zinc

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

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