Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, brown rice

Recommendation: Adults take 6 capsules daily, preferably with food. Not formulated for children. Do not exceed recommended dose.
Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®‡ (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM gluten, artificial colors, flavors, and preservatives.

Keep out of reach of children. Safety sealed with inner seal under child-resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

LG15090.D01 BLK8058D

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.
‡Trademark of its respective company.
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Green Bay, WI 54311 USA / Bottled and tested in the USA
Questions? 1-800-9NATURE / feelalive.com

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ULTRA POTENT B-VITAMINS

Nature's Way

Alive!

MAX6 POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING
Daily Greens™ & Orchard Fruits™/Garden Veggies™ Powder Blends (600 mg per serving)

90 CAPSULES • COMPLETE MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 6 Capsules / Servings per Container 15

Amount per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Vitamin A (as 77% [3,000 mcg] beta carotene, 23% [891 mcg] retinyl acetate)	3,891 mcg	432%
Vitamin C (ascorbic acid)	1,000 mg	1,111%
Vitamin D (as ergocalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	2,083%
Riboflavin	25 mg	1,923%
Niacin (as niacinamide)	125 mg	781%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	50 mg	2,941%
Folate (418 mcg Quatrefolic® brand (6S)-5-Methyltetrahydrofolate glucosamine salt)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	80 mcg	3,333%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	125 mg	2,500%
Choline (as choline bitartrate)	30 mg	5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	262 mg	20%
Iron (as ferrous bisglycinate chelate)	18 mg	100%
Iodine (as potassium iodide and from kelp)	150 mcg	100%
Magnesium (as magnesium citrate and oxide)	125 mg	30%
Zinc (as zinc gluconate)	15 mg	136%
Selenium (as L-selenomethionine)	158 mcg	287%
Copper (as copper bisglycinate chelate)	0.9 mg	100%
Manganese (as manganese bisglycinate chelate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Potassium (as potassium citrate)	50 mg	1%
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (*Aphanizomenon flos-aquae*), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (*Cymbopogon citratus*), Nettle (*Urtica* spp.) (leaf), Plantain (leaf), Wheat (grass)	400 mg	**
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	200 mg	**
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% Resveratrol (5 mg), Coenzyme Q10 (Ubiquinone 10)	100 mg	**
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg	**
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (*Ganoderma lucidum*), Organic Shiitake (*Lentinula edodes*), Organic Oyster Hiratake (*Pleurotus ostreatus*), Organic Enokitake (*Flammulina velutipes*), Organic Maitake (*Grifola frondosa*), Organic Yamabushitake (*Hericium erinaceus*), Organic Agarikon (*Fomitopsis officinalis*), Organic Chaga (*Inonotus obliquus*), Organic Himematsutake (*Agaricus brasiliensis-blazei*), Organic Kawaratake (*Trametes versicolor*), Organic Mesima (*Phellinus linteus*), Organic Zhu Ling (*Grifola umbellata*)	100 mg	**
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg	**
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	60 mg	**
Eleuthero (root)	50 mg	**
Inositol	50 mg	**
Rutin (from *Sophora japonica*) (flower bud) Extract	25 mg	**
Lutein (from Aztec marigold extract) (flower)	500 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, brown rice

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MAX POTENCY 6X DAILY

multivitamin tablets with food-based blends, such as:

Orchard Fruits™/ Garden Veggies™ Powder Blend	Daily Greens™ Blend Providing Amino Acids	Cardio Blend
Digestive Enzyme Blend	Omega 3/6/9 Fatty Acid Seed Blend	Citrus Bioflavonoid Complex
Mushroom Defense Blend		

WHOLE BODY NUTRITION

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*	**BONE HEALTH***
Beta Carotene (Vitamin A) Vitamins C, E Lutein, Zinc	Calcium, Folate Magnesium, Manganese Vitamins D3, K
HEART HEALTH*	**IMMUNE HEALTH***
B-Vitamins Vitamins C, E	Selenium, Zinc Vitamins A, C, D3
ENERGY METABOLISM*	**SKIN HEALTH***
B-Vitamins	Vitamins A, C, E, Zinc

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

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