



SHAKE WELL BEFORE USING

SUGGESTED USE

Add drops to 2 oz. of water or juice, 2 to 5 times per day.

25-49 pounds: 5 drops | 75-99 pounds: 15 drops
50-74 pounds: 10 drops | 100+ pounds: 20 drops

Consult a physician for use with children younger than 1 year old. Best taken between meals.

Keep Out of the Reach of Children
Store away from heat & light

005

alcohol
free

kids LEMON BALM CALM™

CALMING & SOOTHING*

HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Supplement Facts

Serving Size: 5-20 drops

Servings: about 41-164

Amount Per Serving	5 drops 20 drops	% DV
Total Carbohydrate	<1 g	<1% ‡
Lemon Balm aerial parts (<i>Melissa officinalis</i>)Ⓢ extract	213 mg 852 mg Ⓢ	†

‡ Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established

Other Ingredients: certified organic vegetable glycerin & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 61-243 mg herb per 5-20 drops.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.