Supplement Facts

Serving Size 1 tea bag Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	1.75 g	
Organic Elder (Sambucus nigra) Flower		†
Organic Lemon Balm (Melissa officinalis) Leaf		†
Organic Lemon (Citrus limon) Peel		†
Organic Rosehips (Rosa canina)		†
Organic Orange (Citrus sinensis) Peel		†
Organic Red Raspberry (Rubus idaeus) Leaf		†
Organic Slippery Elm (Ulmus rubra) Bark		†
Organic Marshmallow (Althea offinialis) Root		†
Organic Ginger (Zingiber officinale) Root		†

Consult your healthcare provider before using this product during pregnancy or when breastfeeding, or if symptoms persist or worsen.



† Daily Value not established







Distributed by Earth Mama Angel Baby® LLC 9866 SE Empire Ct. Clackamas, OR, 97015 USA 503-607-0607 • EarthMama.com Certified Organic by Oregon Tilth • Certified Kosher by EarthKosher

EARTH MAMA TEAS

Formulated for pregnancy plus!

These statements have not been evaluated by the This product is not intended to diagnose, treat,

Food and Drug Administration cure or prevent any disease.

Organic Morning Wellness Tea Organic Heartburn Tea Organic Peaceful Mama Tea Organic Raspberry Leaf Tea Organic Third Trimester Tea Organic Throat Smoothie™ Tea

NOT for use during pregnancy

Organic Periodic Tea
Organic Milkmaid Tea
Organic No More Milk Tea



Herbal Tea Supplement

Grounded in Nature, Powered by Love.™



THROAT SMOOTHIE™ TEA

If your sore throat could talk, it'd probably say, "Hi, this hurts, can you please give me some herbal tea?" Here, sip on this: it'll coat your entire system — from the throat on down — with a blend of smoothing, organic slippery elm and elderflower, finished with refreshing citrus. Also? Uniquely formulated without licorice, it's safe for pregnant and breastfeeding women, and the whole fam. Your throat will be all, "Thank you! You're THE best."

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-3 cups per day, or as recommended by your healthcare provider.

ELDERFLOWER + SLIPPERY ELM

These powerhouse herbs serve up a soothing one-two punch to coat and smooth irritated, annoyed mucous membranes. Need to take it next-level? Toss in the age-old go-to: a dollop of honey.

Pro tip: if you want the ultimate trifecta in throat comfort, serve up Throat Smoothie Tea hot, with a touch of honey.*

* For children over six

No licorice? Exactly — this tea is safe for pregnant women ... so it's safe for the whole family.

B10-391-00

