

TriCare Prenatal™ DHA ONE® with Folate

Multivitamin/Mineral Softgel

Essential Nutrition for
the Three Vital Stages
of Pregnancy:

- **Preconception**
- **Pregnancy**
- **Postnatal**



DHA ONE® with Folate

Description: Each purple softgel contains:
Essential Fatty Acids

Fish Oil Concentrate 10/50 TG	500 mg
DHA	215 mg
EPA	45 mg

Vitamins

Vitamin B-1 (Thiamine Nitrate)	3 mg
Vitamin B-2 (Riboflavin)	3.4 mg
Vitamin B-3 (Inositol Nicotinate)	20 mg
Vitamin B-6 (Pyridoxine Hydrochloride)	25 mg
Vitamin B-12 (Cyanocobalamin)	100 mcg
L-Methylfolate (L-5-Methyltetrahydrofolic Acid)	800 mcg
Vitamin C (Ascorbic Acid)	30 mg
Vitamin D3 (Cholecalciferol)	800 IU
Vitamin E (d-alpha-Tocopherol)	30 IU
Biotin	300 mcg

Minerals

Iron (Ferrous Fumarate)	27 mg
Zinc (Zinc Sulfate Monohydrate)	10 mg
Copper (Cupric Sulfate Anhydrous)	2 mg
Iodine (Potassium Iodide)	150 mcg

INACTIVE INGREDIENTS: Gelatin capsule (bovine gelatin, glycerin, purified water, titanium dioxide, FD&C Red #40, FD&C Red #3 and FD&C Blue #1), yellow beeswax, lemon oil, lime oil, soy lecithin, docusate sodium

INDICATIONS AND USAGE: TriCare Prenatal™ DHA ONE® with Folate Multivitamin/Mineral Softgels are indicated to provide multivitamin/mineral/essential fatty acid supplementation throughout pregnancy and during the postnatal period for both the lactating and non-lactating mother. It is also useful for improving nutritional status prior to conception.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

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DHAone.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B-12 is deficient.

NOTICE: Contact with moisture may produce surface discoloration or erosion of the softgel.

PRECAUTIONS: Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One softgel daily or as directed by a physician.

HOW SUPPLIED: TriCare Prenatal™ DHA ONE® with Folate Multivitamin/Mineral Softgels for oral administration are supplied as purple softgels, imprinted in white ink: DHA 302 in a child-resistant plastic bottle of 30 softgels. (NDC 67112-302-30)

WARNING: Ingestion of more than 3 grams of Omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of Omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have inherited or acquired predisposition to bleeding.

Store at controlled room temperature of: 20°-30°C (68°-77°F).
Excursions permitted to 15°-30°C (59°-86°F).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

Marketed by Medecor Pharma LLC, Baton Rouge, LA



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Rx Only