Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose.
Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM: Gluten and artificial colors.

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LG14927.E01 BLK8005E

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Bottled and tested in the USA • **Questions?** 1-800-9NATURE / feelalive.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ULTRA POTENT B-VITAMINS

Nature's Way Alive!

MAX³ POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING
Daily Greens® & Orchard Fruits®/Garden Veggies® Powder Blends (600 mg per serving)

90 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g 1%†
Vitamin A (as 67% [1,809 mcg] beta carotene and 33% [891 mcg] retinyl acetate)	2,700 mcg 300%
Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	100 mg 667%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	43 mg 2,529%
Folate (as Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	400 mcg DFE 100%
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	63 mg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium carbonate, carbonate, D-calcium pantothenate)	325 mg 25%
Iron (as ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp)	150 mcg 100%
Magnesium (as magnesium oxide)	130 mg 31%
Zinc (as zinc gluconate)	11 mg 100%
Selenium (as L-selenomethionine)	158 mcg 287%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese bisglycinate chelate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae (*Aphanizomenon flos-aquae*), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (*Cymbopogon citratus*), Nettle (*Urtica* spp.) (leaf), Plantain (leaf), Wheat (grass)	400 mg **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	200 mg **
Cardio Blend: Hawthorn (berry), *Japanese Knotweed* Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	100 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Mushroom Mycelial & Pinnacle Biomass Defense Blend: Organic Reishi (*Ganoderma lucidum*), Organic Shiitake (*Lentinula edodes*), Organic Oyster Hiratake (*Pleurotus ostreatus*), Organic Enokitake (*Flammulina velutipes*), Organic Maitake (*Grifola frondosa*), Organic Yamabushi-take (*Hericium erinaceus*), Organic Agarikon (*Fomitopsis officinalis*), Organic Chaga (*Inonotus obliquus*), Organic Himematsutake (*Agaricus brasiliensis/blazei*), Organic Kawaratake (*Trametes versicolor*) Organic Mesima (*Phellinus linteus*), Organic Zhu Ling (*Grifola umbellata*)	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg **
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine) Providing Hesperidin, Naringin, Naringin, Eriocitrin, Flavonols and Flavones	60 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Rutin (from *Sophora japonica*) (flower bud) Extract	25 mg **
Lutein (from Aztec marigold)	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

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MAX POTENCY 3X DAILY

multivitamin tablets with food-based blends, such as:

Orchard Fruits™/ Garden Veggies™ Powder Blend

Daily Greens™ Blend Providing Amino Acids

Cardio Blend

Digestive Enzyme Blend

Omega 3/6/9 Fatty Acid Seed Blend

Citrus Bioflavonoid Complex

Mushroom Defense Blend

WHOLE BODY NUTRITION

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*
Beta Carotene (Vitamin A) Vitamins C, E Lutein, Zinc

BONE HEALTH*
Calcium, Folate Magnesium, Manganese Vitamins D3, K

HEART HEALTH*
B-Vitamins Vitamins C, E

IMMUNE HEALTH*
Selenium, Zinc Vitamins A, C, D3

ENERGY METABOLISM*
B-Vitamins

SKIN HEALTH*
Vitamins A, C, E, Zinc

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day Feeling Alive!

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INCLUDING
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†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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