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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 or 3 times per day. Best taken between meals.
Caution: Seek expert medical advice before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

003

alcohol-free

Withania somnifera
ASHWAGANDHA
ENERGY & VITALITY*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Supplement Facts

Serving Size: 0.7 ml		Servings: about 42
Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1% ‡
Ashwagandha root (<i>Withania somnifera</i>) ① extract	833 mg ③	†
‡ Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value (DV) not established		

Other Ingredients: certified organic vegetable glycerin & distilled water. **Gluten-Free**

- ① Certified Organic
- ③ Extraction rate 175 mg herb per 0.7 ml.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 4
HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

NO UV