

NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✓ Natural Cherry Flavor
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Vitamin B-12 supports energy by converting food into energy.*

Non-GMO, No Artificial Color, No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish, Sodium Free. Suitable for Vegetarians.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com

Prod. No. 67906 B67906 01B

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURE'S BOUNTY®

QUICK DISSOLVE

B-12

Methylcobalamin

2500mcg | Bioavailable Active Form

Aids in the Conversion
of Food into Energy*

ENERGY HEALTH*



Item #1105926



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

DIRECTIONS: For adults, take one (1) quick dissolve tablet daily. Place quick dissolve tablet under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Quick Dissolve Tablet

Amount Per Serving	%Daily Value
Vitamin B-12 (as Methylcobalamin)	2,500 mcg 104,167%

Other Ingredients: Mannitol, Croscopovidone, Vegetable Stearic Acid, Vegetable Cellulose. **Contains <2% of:** Natural Cherry Flavor, Silica, Sucralose, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ Made in The USA with select ingredients from around the world

Carefully Manufactured by NATURE'S BOUNTY, INC.
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300 Quick Dissolve Tablets VITAMIN SUPPLEMENT

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