

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice.
Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing, if you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM: Gluten and artificial colors.
Keep out of reach of children. Safety sealed with inner seal over resealable top cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.
 † Trademark of its respective company.

LG14926.E01 BLK8005E

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

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 Green Bay, WI 54311 USA • BOTTLED AND TESTED IN THE USA
 Questions? 1-800-594-UTURE / feelalive.com

Amount per Serving	% DV
Nettle (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat (grass)	
Orchard Fruits* / Garden Veggies** Powder Blend	200 mg **
Blueberry, Orange, Carrot, Fennelgrapefruit, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	100 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Lipase, Cellulase, Invertase, Alpha-Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend (Organic Reishi (<i>Ganoderma lucidum</i>), Organic Cordyceps (<i>Lentini edodes</i>), Organic Oyster Heritake (<i>Pleurotus ostreatus</i>), Organic EnokiTake (<i>Flammulina velutipes</i>), Organic Maitake (<i>Tricholoma matsutake</i>), Organic Yamabushitake (<i>Heterium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himantodontia (<i>Agaricus brasiliensis</i>), Organic Kowatsake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Trichia umbellata</i>)	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg **
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine, Yuzu, Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones)	60 mg **
Euthero (root)	50 mg **
Inositol	50 mg **
Rutin (from Sophora japonica) (flower bud) Extract	25 mg **
Lutein (from <i>Aztec marigold</i>)	500 mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice.

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Ultra Potent B-Vitamins

Alive!

MAX POTENCY 3X DAILY

POTENCY MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM

INCLUDING Daily Greens* & Orchard Fruits* / Garden Veggies Powder Blends (600 mg per serving)

60 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

MAX POTENCY 3X DAILY
 multivitamin tablets with food-based blends, such as:

Orchard Fruits* / Garden Veggies** Powder Blend	Daily Greens** Blend Providing Amino Acids	Cardio Blend
Digestive Enzyme Blend	Omega 3/6/9 Fatty Acid Seed Blend	Citrus Bioflavonoid Complex
Mushroom Defense Blend		
EYE HEALTH* Beta Carotene (Vitamin A), Vitamins C, E, Lutein, Zinc	BONE HEALTH* Calcium, Folate, Magnesium, Manganese, Vitamins D3, K	IMMUNE HEALTH* Selenium, Zinc, Vitamins A, C, D3
HEART HEALTH* B-Vitamins, Vitamins C, E	SKIN HEALTH* B-Vitamins, Vitamins A, C, E, Zinc	

WHOLE BODY NUTRITION
 With High Potency B-Vitamins including the active form of B-12 and Folate

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you. Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Amount per Serving	% DV
Serving Size 3 Tablets Servings per Container 20	
Magnesium (as magnesium oxide) ... 130 mg ... 31%	
Zinc (as zinc gluconate) ... 11 mg ... 100%	
Copper (as copper gluconate) ... 0.5 mg ... 100%	
Manganese (as manganese bisglycinate chelate) ... 5.8 mg ... 25%	
Sodium ... 10 mg ... 100%	
Potassium (as potassium citrate) ... 50 mg ... 1%	
Daily Urine* Blend providing ... 400 mg **	
Artemisia (Artemisia annua), Kelp, Ashita (leaf), Stevia (stem), Leaf, Flower, Blue Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Citranol (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus), Nettie (Urtica) (leaf), Plantain (leaf), Wheat (grass), Orchard Fruits* & Garden Veggies** Powder Blend	200 mg **
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	100 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Lipase, Cellulase, Invertase, Alpha-Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend (Organic Reishi (<i>Ganoderma lucidum</i>), Organic Cordyceps (<i>Lentini edodes</i>), Organic Oyster Heritake (<i>Pleurotus ostreatus</i>), Organic EnokiTake (<i>Flammulina velutipes</i>), Organic Maitake (<i>Tricholoma matsutake</i>), Organic Yamabushitake (<i>Heterium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himantodontia (<i>Agaricus brasiliensis</i>), Organic Kowatsake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Trichia umbellata</i>)	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg **
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine, Yuzu, Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones)	60 mg **
Euthero (root)	50 mg **
Inositol	50 mg **
Rutin (from Sophora japonica) (flower bud) Extract	25 mg **
Lutein (from <i>Aztec marigold</i>)	500 mcg **

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INCLUDING Daily Greens* & Orchard Fruits* / Garden Veggies Powder Blends (600 mg per serving)

60 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

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Amount per Serving	% DV
Serving Size 3 Tablets / Servings per Container 20	
Calories	10
Total Carbohydrate	2 g 1%
Vitamin A (as 67% (1,809 mcg) beta carotene and 33% [891 mcg] retinyl acetate)	2,700 mcg 300%
Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	100 mg 667%
Vitamin K (as phytylmethone)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	43 mg 2,529%
Folate	400 mcg DFE 100%
(418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucuronosulfate salt)	
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	63 mg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	325 mg 25%
Iron (as ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp)	150 mcg 100%
Magnesium (as magnesium oxide)	130 mg 31%
Zinc (as zinc gluconate)	11 mg 100%
Selenium (as L-selenomethionine)	158 mcg 287%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese bisglycinate chelate)	5.8 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose.
Warning: Do not take if you are pregnant or nursing, if you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Tablets / Servings per Container 20

Amount per Serving **% DV**

Calories 10

Total Carbohydrate 2 g 1%

Vitamin A (as 67% (1,809 mcg) beta carotene and 33% [891 mcg] retinyl acetate) 2,700 mcg 300%

Vitamin C (ascorbic acid) 1,000 mg 1,111%

Vitamin D3 (as cholecalciferol) 50 mcg 250%

Vitamin E (as d-alpha tocopheryl succinate) 100 mg 667%

Vitamin K (as phytylmethone) 120 mcg 100%

Thiamin (as thiamin mononitrate) 20 mg 1,667%

Riboflavin 20 mg 1,538%

Niacin (as niacinamide) 100 mg 625%

Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate) 43 mg 2,529%

Folate 400 mcg DFE 100%

(418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucuronosulfate salt)

Vitamin B12 (as methylcobalamin) 80 mcg 3,333%

Biotin 33 mcg 110%

Pantothenic Acid (as D-calcium pantothenate) 63 mg 1,260%

Choline (as choline bitartrate) 30 mg 5%

Calcium (as calcium citrate, carbonate, D-calcium pantothenate) 325 mg 25%

Iron (as ferrous bisglycinate chelate) 18 mg 100%

Iodine (as potassium iodide and from kelp) 150 mcg 100%

Magnesium (as magnesium oxide) 130 mg 31%

Zinc (as zinc gluconate) 11 mg 100%

Selenium (as L-selenomethionine) 158 mcg 287%

Copper (as copper bisglycinate chelate) 0.9 mg 100%

Manganese (as manganese bisglycinate chelate) 5.8 mg 100%

Molybdenum (as sodium molybdate) 45 mcg 100%

Sodium 10 mg <1%

Potassium (as potassium citrate) 50 mg 1%

Includes: Daily Greens* Blend providing Amino Acids: Spirulina, 400 mg **
 Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Citranol (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus).