



OPTIMAL SOLUTIONS®

WOMEN'S MULTIVITAMIN GUMMIES

With Collagen
50 mg per serving

Supports Energy, Immune
& Bone Health*

WOMEN'S HEALTH



80 Raspberry Flavored
gummies

DIETARY SUPPLEMENT



Made In The
USA with select
ingredients
from around
the world

*These statements have not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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OPTIMAL SOLUTIONS®

Beauty Starts on the Inside™

At Nature's Bounty, we believe health
and beauty go hand in hand. With
nearly 50 years of making quality
vitamins and more than 20 years in
the beauty business, you can trust
that every Nature's Bounty® product
is backed by science, and made with
the purest ingredients...guaranteed.
Beauty Starts on the Inside™

- ✓ 10 Key Nutrients
- ✓ Naturally Sourced Colors
and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Aids in the conversion of food into energy*

DIRECTIONS: For adults, take two (2) gummies
daily, preferably with a meal.

No Artificial Flavor, No Artificial Sweetener,
No Milk, No Lactose, No Soy, No Gluten, No Wheat,
No Yeast, No Fish, Sodium Free.

Colors from natural sources may change over time.
This does not alter the potency of the product.

WARNING: If you are pregnant, nursing, taking any
medications, planning any medical or surgical
procedure, have any medical condition or are
planning to undergo any clinical lab testing, consult
your doctor before use. Some supplements may
interact with certain medications and/or interfere
with certain lab tests. Discontinue use and consult
your doctor if any adverse reactions occur. Keep out
of reach of children. Store at room temperature. Do
not use if seal under cap is broken or missing.

Distributed by
NATURE'S BOUNTY (NY), INC.
Bohemia, NY 11716 U.S.A.
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Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	%Daily Value
Calories 15	
Total Carbohydrate 3 g	1%**
Total Sugars 2 g	***
Includes 2g Added Sugars	4%**
Vitamin A (as Retinyl Acetate)	83%
Vitamin C (as Ascorbic Acid)	33%
Vitamin D (as D3 Cholecalciferol)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	118%
Folate (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	375%
Biotin (as d-Biotin)	2,000%
Calcium (as Dicalcium Phosphate)	8%
Iodine (as Potassium Iodide)	27%
Zinc (as Zinc Citrate)	23%
Collagen	50 mg ***

**Percent Daily Values are based on a
2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin,
Natural Flavors. **Contains <2% of:** Citric Acid,
Pectin, Vegetable Juice (color), Vegetable Oil
(Palm) (Contains Carnauba Wax).

Contains bioengineered food ingredients.