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LGBN14925.E01 BLK8005

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g 1%†
Vitamin A (as 67% (1,809 mcg) beta carotene and 33% (891 mcg) retinyl acetate)	2,700 mcg 300%
Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin D3 (as cholecalciferol)	50 mcg 2,500%
Vitamin E (as α -diphenyl tocopheryl succinate)	100 mg 667%
Vitamin K (as phytyl nadonate)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Resolifen	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	43 mg 2,529%
Folate (418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	400 mcg 100%
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	63 mg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate, carbonate, D-calcium phosphate)	325 mg 25%

Iron (as ferrous bisglycinate chelate)	18 mg	100%
Iodine (as potassium iodide and from kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	130 mg	31%
Zinc (as zinc gluconate)	11 mg	100%
Selenium (as L-selenomethionine)	158 mcg	287%
Copper (as copper bisglycinate chelate)	0.9 mg	100%
Manganese (as manganese bisglycinate chelate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Sodium	10 mg	<1%
Potassium (as potassium citrate)	50 mg	<1%
Daily Greens [®] Blend providing Amino Acids	400 mg	**
Spinach, Kale, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae (<i>Phaeocystis</i> <i>sp.</i>), Chlorrella		