

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

PMS FORMULA[®] WITH INDOLPLEX[®]

*Comprehensive formula with DIM[®]
to relieve PMS symptoms**

120 TABLETS

Dietary Supplement

Seek Comfort in PMS Formula with Indolplex[®] dietary supplement

- Chaste tree berry extract supports healthy hormone balance*
- Calcium, magnesium and vitamin D work together to help provide relief of PMS symptoms*
- DIM[®] (diindolylmethane) helps support healthy estrogen metabolism*

Indolplex[®] and DIM[®] are trademarks of and are licensed from BioResponse, L.L.C. under U.S. patent 6,086,915.

Recommendations: Take 2 tablets in the morning and 2 tablets later in the day. If extra support is required, use 6 tablets. Take the product through the entire month.

Contains no sugar, salt, yeast, wheat, gluten, dairy products, artificial flavoring, or preservatives. All colors used are from natural sources.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
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L177242.C01



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 2 tablets

Servings per container 60

Amount per 2 tablets

%DV**

Vitamin D (as cholecalciferol)	250 IU	63%
Calcium (as calcium citrate and calcium carbonate)	200 mg	20%
Iodine (as potassium iodide)	80 mcg	53%
Magnesium (as magnesium aspartate)	100 mg	25%
Chaste Tree (<i>Vitex agnus-castus</i>) Berry Extract standardized to contain 0.5% agnusides	20 mg	**
Diindolylmethane (DIM [®]) (as Indolplex [®] brand blend) (soy)	14 mg	**

**Daily Value (DV) not established.

Other ingredients: cellulose, modified cellulose, starch (corn), d-alpha tocopheryl succinate, titanium dioxide color, phosphatidylcholine, soy lecithin, silicon dioxide, and carnauba wax.

CAUTION: Do not use if pregnant or nursing. If taking prescription drugs, consult your healthcare practitioner prior to use. Harmless changes in urine color may occur with the use of this product.