

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

(These statements are based on a human study of NovoSOL® curcumin in comparison with native curcumin extract, using an objective measure [metabolite analysis].)

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com
©2020 Solgar, Inc.

Prod 30021
SOLGB10028 00A 14-30021X35

Since **SOLGAR®** 1947

FULL SPECTRUM CURCUMIN SLEEP EASE

GREATER BIOAVAILABILITY*
MORE, BETTER, FASTER*

Non-GMO
GLUTEN & WHEAT FREE
SUITABLE FOR VEGETARIANS

60 LICAPS™

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Full Spectrum Curcumin Providing:	
Total Curcuminoids	38.5 mg **
GABA (Gamma-Aminobutyric Acid, PharmaGABA®)	100 mg **
Apocynum venetum Leaf Extract (Venetron®)	50 mg **
Melatonin	5 mg **
**Daily Value (DV) not established	

Ingredients: Vegetable Glycerin, Poly sorbate 80 (emulsifier), Vegetable Cellulose, Gamma-Aminobutyric Acid, Apocynum venetum Leaf Extract, Turmeric Rhizome Concentrate, Melatonin, Purple Carrot Concentrate (color).

SUGGESTED USE: As a dietary supplement for adults, take two (2) capsules 30 minutes before bedtime.

FREE OF: Gluten, Wheat, Soy, Sugar, Sodium, Artificial Flavor and Artificial Sweetener.

NovoSOL® is a trademark of AQUANOVA AG, Germany.

Pharma GABA® is a registered trademark of Pharma Foods International Co., Ltd.

Venetron® is a registered trademark of Takiwa Phytochemical Co., Ltd.

Licaps™ is a trademark of Lonza or its affiliates.

For occasional sleeplessness*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUGGESTED USE: As a dietary supplement for adults, take two (2) capsules 30 minutes before bedtime.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Full Spectrum Curcumin Providing:	
Total Curcuminoids	38.5 mg **
GABA (Gamma-Aminobutyric Acid, PharmaGABA®)	100 mg **
Apocynum venetum Leaf Extract (Venetron®)	50 mg **
Melatonin	5 mg **

**Daily Value (DV) not established

Ingredients: Vegetable Glycerin, Poly sorbate 80 (emulsifier), Vegetable Cellulose, Gamma-Aminobutyric Acid, Apocynum venetum Leaf Extract, Turmeric Rhizome Concentrate, Melatonin, Purple Carrot Concentrate (color).

FREE OF: Gluten, Wheat, Soy, Sugar, Sodium, Artificial Flavor and Artificial Sweetener.

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information
call toll-free, 1-877-SOLGAR 4
www.solgar.com
©2020 Solgar, Inc.
Part No. 22-30021

SOLGB10028 00A



Body Ready Makes the Difference

One of the challenges with curcumin...there's a limit to how much your body can absorb and actually use. If absorption goes up, greater levels of active curcumin can work across multiple pathways to deliver antioxidant benefits.* Finally, Solgar® takes bioavailability and absorption to a whole new level.*

Unlike regular turmeric powder, Solgar® starts with a 95% curcumin extract...the standardized active form, purified and concentrated from native turmeric root (*Curcuma longa*). For the first time, Solgar® surrounds and encapsulates standardized curcumin extract with microscopic, "water-loving" spheres called micelles. Micelles make the difference in absorption and are so microscopically small that they allow curcumin to be readily passed into the bloodstream. At this size, micelles are virtually invisible and have the ability to transform a dense and opaque powder into a crystal clear, body-ready liquid. The clearer the liquid...the greater the absorption. The greater the absorption...the greater the bioavailability. And, the greater the bioavailability...the greater the power of curcumin.*

Faster absorbed, better absorbed, and longer lasting than ever before[†] - Full Spectrum Curcumin Sleep Ease. More...Better...Faster...[†]



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

(These statements are based on a human study of NovoSOL® curcumin in comparison with native curcumin extract, using an objective measure [metabolite analysis].)

SOLGAR®

FULL SPECTRUM Curcumin

Sleep Ease



Long-Lasting Support*

Non-GMO • GLUTEN & WHEAT FREE
SUITABLE FOR VEGETARIANS

60 LICAPS™

DIETARY SUPPLEMENT

FULL SPECTRUM

Curcumin

More, better, faster...that's the difference of Solgar® Full Spectrum Curcumin. In fact, its absorption and bioavailability reach levels never achieved before. Solgar® transforms poorly absorbed curcumin from a fat-soluble to a water-soluble phytonutrient...making it immediately body-ready, faster absorbed and more active than ever before.[†]

Now, Solgar® Full Spectrum Sleep Ease combines the power of Full Spectrum Curcumin with PharmaGABA® to quickly restore mental calmness, Venetron® and melatonin to help with occasional sleeplessness...so you fall asleep faster and stay asleep longer.*

Taken at night, GABA supports relaxation and melatonin supports calm, tranquil rest, while body-ready curcumin delivers turmeric's comforting antioxidant benefits.* Oxidative stress can result from excess free radical production, and an excess of free radicals has been associated with joint discomfort. All in all, you wake up in the morning feeling renewed and refreshed.*

Now, Solgar® changes what you believed was possible from a sleep formula. Solgar® Sleep Ease Full Spectrum Curcumin...two Liquid Extract capsules, once at night...a good night's sleep can now be that comfortable.*

NovoSOL® is a trademark of AQUANOVA AG, Germany.
Pharma GABA® is a registered trademark of Pharma Foods International Co., Ltd.
Venetron® is a registered trademark of Takiwa Phytochemical Co., Ltd.
Licaps™ is a trademark of Lonza or its affiliates.