



Active Fiber Complex

For digestive health



NET WT: 7.4 OZ (210g)



Nutrition Facts

30 servings per container

Serving size

1 scoop (7g)

Amount per serving

Calories

10

	% DV*
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 6g	2%
Dietary Fiber 5g	18%
Soluble Fiber 2g	†
Insoluble Fiber 3g	†
Protein 0g	0%

Not a significant source of Saturated Fat, *Trans* Fat, Cholesterol, Total Sugars, Added Sugars, Vitamin D, Calcium, Iron, and Potassium.

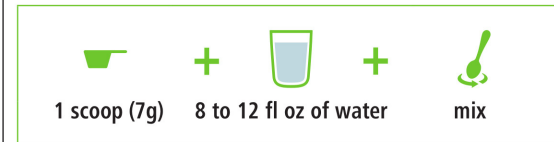
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value (DV) not established.

INGREDIENTS: Sugarcane Fiber, Maize Dextrin, Soy Fiber, Maltodextrin, Inulin, Citrus Fiber, Sodium Carboxymethylcellulose and Silicon Dioxide. **CONTAINS SOY.**

Active Fiber Complex provides a good source of soluble and insoluble dietary fiber to promote regularity. Each serving provides 5g of the recommended 28g daily intake of fiber. Enjoy it in water or add to your favorite shake, juice or tea.

DIRECTIONS: Mix 1 scoop (7g) with 8 to 12 fl oz of water. Take once per day.



STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.
30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

Formulated and distributed exclusively by:
HERBALIFE INTERNATIONAL OF AMERICA, INC.
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