CalGuard

Vegetarian Citrate/Malate
with Synergistic Co-factors
for Bone Health*



90 tablets Dietary Supplement

Suggested use for adults:

2-4 tablets daily, taken with meals, or as directed by your health care practitioner.

This product contains no yeast, wheat, soy, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place, tightly capped.

Produced by Karuna Corporation 42 Digital Drive #7, Novato, CA 94949



Supplement Facts

Serving Size 2 Tablets
Servings per Container 45

Amount per serving:		%DV
Vitamin C (ascorbic acid)	150 mg	250%
Vitamin D3 (cholecalciferol)	800 IU	200%
Vitamin K1 (phylloquinone)	500 mcg	625%
Calcium (citrate/malate 2:1)	500 mg	50%
Magnesium (oxide)	250 mg	63%
Manganese (amino acid chelate)	1 mg	50%
Boron (amino acid chelate)	500 mcg	1
Silicon (Equisetum arvense)*	20 mg	t
† %Daily Value (DV) not established		

value (DV) not established

plant silica source providing 20 mg silicon per serving

Other ingredients: Cellulose, stearic acid, silicon dioxide, vegetable stearine