

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Gelatin, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate.

Contains bioengineered food ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 15106
www.puritan.com
1-800-645-1030

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Ronkonkoma, NY 11779 U.S.A.
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 **Puritan's Pride**

ULTRA MANTM MAX DAILY MULTI

**Premium Performance Formula
for Men**

HIGH POTENCY TIMED RELEASE

90 Coated
Caplets

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A 3,000 mcg (as Retinyl Acetate and Beta-Carotene)	333%	Calcium 100 mg (as Calcium Carbonate and Calcium Citrate)	8%	N-Acetyl L-Carnitine 50 mg Hydrochloride	*
Vitamin C 500 mg (as Ascorbic Acid)	556%	Iodine 150 mcg (as Potassium Iodide)	100%	Pumpkin 30 mg (<i>Cucurbita sp.</i>) (seed)	*
Vitamin D 50 mcg (2,000 IU) (as D3 Cholecalciferol)	250%	Magnesium 50 mg (as Magnesium Oxide)	12%	Resveratrol 25 mg (from <i>Polygonum cuspidatum</i>) (root)	*
Vitamin E 20.1 mg (as d-Alpha Tocopheryl Acetate)	134%	Zinc 15 mg (as Zinc Oxide)	136%	Citrus Bioflavonoids 25 mg (<i>Citrus spp.</i>) (fruit)	*
Vitamin K 75 mcg (as Phytonadione)	63%	Selenium 200 mcg (as Sodium Selenate)	364%	Grape Seed Extract 25 mg (<i>Vitis vinifera</i>)	*
Thiamin 75 mg (Vitamin B-1) (as Thiamin Mononitrate)	6,250%	Copper 2 mg (as Copper Oxide)	222%	Inositol 10 mg	*
Riboflavin 75 mg (Vitamin B-2)	5,769%	Manganese 2 mg (as Manganese Gluconate)	87%	Green Tea Extract 10 mg (<i>Camellia sinensis</i>) (leaf)	*
Niacin 75 mg (as Niacinamide)	469%	Chromium 200 mcg (as Chromium Picolinate)	571%	Silica 10 mg (Silicon Dioxide)	*
Vitamin B-6 75 mg (as Pyridoxine Hydrochloride)	4,412%	Molybdenum 72 mcg (as Molybdenum Amino Acid Chelate)	160%	Bilberry Extract 6 mg (<i>Vaccinium myrtillus</i>) (fruit)	*
Folate 666 mcg DFE (400 mcg folic acid)	167%	Potassium 30 mg (as Potassium Chloride)	<1%	Alfalfa 5 mg (<i>Medicago sativa</i>) (aerial)	*
Vitamin B-12 100 mcg (as Cyanocobalamin)	4,167%	Alpha Lipoic Acid 100 mg	*	Lutein 2 mg	*
Biotin 5,000 mcg (as d-Biotin)	16,667%	L-Arginine 50 mg (as L-Arginine Hydrochloride)	*	Lycopene 1 mg	*
Pantothenic Acid 75 mg (as d-Calcium Pantothenate)	1,500%	L-Cysteine 50 mg (as L-Cysteine Hydrochloride)	*		
Choline 10 mg (as Choline Bitartrate)	2%	Saw Palmetto 50 mg (<i>Serenoa repens</i>) (fruit)	*		

*Daily Value not established.